

| Platz | Nr | Läufer | JG | Verein | Gesamtzeit | GP |
|-------------|------|-------------------------|------|-------------------------|------------|----|
| W 60 | | | | | | |
| 1 | 1033 | Muhle, Gisela | 1950 | Vechta | 1:06:43.10 | 36 |
| 2 | 1036 | Reinke, Elisabeth | 1950 | Vechta | 1:06:43.20 | 37 |
| W 50 | | | | | | |
| 1 | 1065 | Aden-Sträter, Almut | 1965 | OPAP | 54:47.75 | 9 |
| 2 | 1043 | Tabeling, Annette | 1965 | Burgläufer Dinklage | 59:26.95 | 17 |
| 3 | 1084 | Müller, Petra | 1962 | SFN Vechta | 59:44.01 | 18 |
| 4 | 1082 | Hartke, Gertrud | 1958 | LT Waldschleicher Lohne | 1:05:34.69 | 34 |
| 5 | 1063 | Nienaber-Bechly, Sabine | 1963 | GW Mühlen "KNIEWEH" | 1:07:40.69 | 39 |
| W 40 | | | | | | |
| 1 | 1092 | Tabeling, Martina | 1966 | DW Hausstette | 46:09.11 | 1 |
| 2 | 1005 | Lessander-Brandt, Susan | 1973 | Feminin Aktiv Osnabrück | 47:25.48 | 2 |
| 3 | 1032 | Lapke, Tanja | 1974 | Lauftreff SW Osterfeine | 53:25.90 | 5 |
| 4 | 1026 | Hanke, Andrea | 1973 | VFL Oythe | 55:00.45 | 10 |
| 5 | 1074 | Burgess, Simone | 1971 | Volksbank Vechta | 55:32.40 | 12 |
| 6 | 1828 | Biestmann, Kerstin | 1969 | Damme | 57:44.60 | 14 |
| 7 | 1034 | Pohl, Ariane | 1967 | OSC Damme | 59:50.29 | 19 |
| 8 | 1093 | Maue, Doris | 1972 | - | 59:54.76 | 20 |
| 9 | 1091 | Schuling, Annegret | 1970 | Hausstetter Lauftreff | 1:00:09.04 | 21 |
| 10 | 1081 | Nordlohne, Mechthild | 1966 | Lt Waldschleicher Lohne | 1:02:29.47 | 23 |
| 11 | 1060 | Völkerding, Daniela | 1973 | Lauftreff GW Mühlen | 1:02:42.34 | 24 |
| 12 | 1042 | Sun, Ding Ying | 1972 | Osnabrück | 1:03:44.82 | 27 |
| 13 | 1021 | Brinkhus, Lissy | 1972 | Lohne | 1:04:48.32 | 28 |
| 14 | 1010 | Rottinghaus, Kerstin | 1972 | Lohne | 1:05:03.64 | 32 |
| 15 | 1040 | Schröter, Cornelia | 1975 | Lauftreff GW Mühlen | 1:06:44.82 | 38 |
| W 30 | | | | | | |
| 1 | 1053 | Jacobs, Antje | 1981 | - | 51:08.44 | 4 |
| 2 | 1055 | Lammers, Marit | 1980 | - | 54:02.86 | 6 |
| 3 | 1038 | Rüter, Simone | 1984 | Espelkamp | 54:23.74 | 7 |
| 4 | 1016 | Arlinghaus, Peggy | 1977 | BV Bühren | 54:42.91 | 8 |
| 5 | 1029 | Jürgens, Silvia | 1985 | VB Dammer Berge eG | 55:16.08 | 11 |
| 6 | 1070 | Krohn, Sina | 1985 | Vechta | 58:37.17 | 15 |
| 7 | 1022 | Büscherhoff, Ines | 1979 | Steinfeld | 1:03:01.23 | 25 |
| 8 | 1017 | Gr. Austing, Judith | 1976 | Borringhausen | 1:03:17.57 | 26 |
| 9 | 1064 | Borgerding, Melanie | 1978 | GW Mühlen | 1:05:02.12 | 29 |
| 10 | 1062 | Pille, Sabrina | 1979 | GW Mühlen | 1:05:02.20 | 30 |
| 11 | 1061 | Lichtenstein, Silvia | 1978 | Lauftreff Mühlen | 1:05:02.30 | 31 |
| 12 | 1095 | Müller, Anke | 1980 | - | 1:05:12.44 | 33 |

Veranstaltung: 3. Osterfeiner SgH Dämmerlauf

Rennen: 10 km Lauf

**Ergebnisliste
Altersklassifizierung**

| Platz | Nr | Läufer | JG | Verein | Gesamtzeit | GP |
|--------------|-----------|----------------------------|-----------|---------------|-------------------|-----------|
| 13 | 1072 | Siemers, Michaea | 1980 | - | 1:21:38.78 | 40 |
| W 18 | | | | | | |
| 1 | 1059 | Robke, Judith | 1990 | - | 56:57.86 | 13 |
| 2 | 1007 | Meier, Larissa | 1994 | Stemwede | 58:46.36 | 16 |
| 3 | 1008 | Metzler, Lena-Marie | 1988 | TuS Lemförde | 1:02:00.02 | 22 |
| 4 | 1037 | Robke, Caroline | 1988 | Osnabrück | 1:06:26.13 | 35 |
| W 17 | | | | | | |
| 1 | 1068 | Wehming, Johanna | 1998 | OSC-Damme | 50:30.18 | 3 |

| Platz | Nr | Läufer | JG | Verein | Gesamtzeit | GP |
|-------------|------|------------------------|------|-------------------------|------------|----|
| M 60 | | | | | | |
| 1 | 1047 | Wempe, Benno | 1950 | Lohne | 1:05:51.57 | 48 |
| 2 | 1071 | Baumann, Hubert | 1953 | Falke Steinfeld | 1:07:59.78 | 49 |
| 3 | 1086 | Decker, Heinrich | 1954 | OSC Damme | 1:10:54.92 | 50 |
| M 50 | | | | | | |
| 1 | 1058 | Hoping, Juergen | 1965 | Lohne | 42:32.26 | 6 |
| 2 | 1013 | Thale, Reinhard | 1961 | SV Quitt-Ankum | 47:32.93 | 12 |
| 3 | 1000 | Asbrede, Peter | 1965 | GW Brockdorf | 48:49.73 | 16 |
| 4 | 1079 | Moormann, Manfred | 1960 | LT Waldschleicher Lohne | 52:48.56 | 27 |
| 5 | 1090 | Schuling, Reinhold | 1963 | LT Hausstette | 53:27.00 | 32 |
| 6 | 1083 | Müller, Henning | 1962 | Vechta | 54:42.37 | 37 |
| 7 | 1073 | Wehring, Michael | 1959 | - | 55:09.57 | 38 |
| 8 | 1097 | Themann, Heiner | 1958 | Hioldorf | 56:58.20 | 43 |
| 9 | 1076 | kl. Holthaus, Stefan | 1962 | Lohne | 1:03:16.93 | 47 |
| M 40 | | | | | | |
| 1 | 1035 | Pohl, Ulrich | 1966 | OSC Damme | 40:12.61 | 2 |
| 2 | 1069 | Landwehr, Michael | 1974 | LZO Betriebssport | 42:10.73 | 5 |
| 3 | 1012 | Suding, Ansgar | 1973 | Lohne | 46:15.16 | 11 |
| 4 | 1006 | Macke, Thorsten | 1973 | Vechta | 47:53.74 | 14 |
| 5 | 1088 | Revermann, Tobias | 1972 | Damme | 49:34.50 | 18 |
| 6 | 1044 | Tabeling, Ansgar | 1967 | Burgläufer Dinklage | 52:04.84 | 22 |
| 7 | 1025 | Grave, Thomas | 1967 | Burgläufer Dinklage | 52:11.66 | 23 |
| 8 | 1054 | Otte, Marco | 1975 | SW Osterfeine | 52:19.62 | 24 |
| 9 | 1039 | Schockemöhle, Thorsten | 1968 | GW Mühlen | 52:29.76 | 25 |
| 10 | 1057 | Burdiek, Jürgen | 1975 | SW Osterfeine | 53:08.16 | 30 |
| 11 | 1078 | Hausfeld, Jürgen | 1975 | Lohne | 53:23.00 | 31 |
| 12 | 1056 | Rehling, Markus | 1968 | OSC Damme | 53:44.07 | 33 |
| 13 | 1049 | Winkler, Henning | 1975 | Lübbecke | 54:06.74 | 34 |
| 14 | 1052 | Menke, Reinhard | 1972 | Goldenstedt | 54:37.33 | 36 |
| 15 | 1015 | Windeler, Markus | 1968 | Volksbank Vechta eG | 55:32.50 | 39 |
| 16 | 1921 | Böckmann, Ralf | 1968 | GW Mühlen | 55:59.98 | 40 |
| 17 | 1051 | Pille, Frank | 1969 | GW Mühlen | 56:00.00 | 41 |
| 18 | 1087 | Möllers, Stefan | 1970 | Lohne | 56:10.93 | 42 |
| 19 | 1094 | Sudbrock, Frank | 1969 | LF. Burg (Wiedenbrück) | 58:45.34 | 44 |
| 20 | 1046 | von Lehmden, Frank | 1969 | LT Waldschleicher Lohne | 59:23.16 | 45 |
| 21 | 1066 | Donner, Andreas | 1968 | 4E Power | 1:11:00.71 | 51 |
| M 30 | | | | | | |
| 1 | 1030 | Klene, Markus | 1978 | VB Dammer Berge eG | 45:22.38 | 9 |

Veranstaltung: 3. Osterfeiner SgH Dämmerlauf

Rennen: 10 km Lauf

**Ergebnisliste
Altersklassifizierung**

| Platz | Nr | Läufer | JG | Verein | Gesamtzeit | GP |
|--------------|-----------|------------------------------|-----------|-------------------------|-------------------|-----------|
| 2 | 1098 | Uptmoor, Nils | 1982 | Lt Waldschleicher Lohne | 45:26.75 | 10 |
| 3 | 1003 | Heitmann, Marcel | 1976 | BW Lohne | 47:43.64 | 13 |
| 4 | 1023 | Depeweg, Marcel | 1978 | Neuenkirchen | 49:28.95 | 17 |
| 5 | 1096 | Meyer, Torsten | 1981 | - | 50:24.22 | 19 |
| 6 | 1011 | Schmedes, Michael | 1976 | Langförden | 50:35.76 | 21 |
| 7 | 1080 | Robke, Andreas | 1978 | SW Osterfeine | 53:06.43 | 28 |
| 8 | 1067 | Rottinghaus, Holger | 1978 | - | 53:07.32 | 29 |
| 9 | 1048 | Wilhelm, Kai | 1984 | Steinfeld | 1:19:04.83 | 52 |
| 10 | 1001 | Borchers, Rüdiger | 1977 | Twistringen | 1:21:35.40 | 53 |
| <hr/> | | | | | | |
| M 18 | | | | | | |
| 1 | 1027 | Hasselbach, Alexander | 1994 | VfV Hildesheim | 39:34.71 | 1 |
| 2 | 1089 | Rawe, Nils | 1989 | Tus BW Lohne | 42:44.55 | 7 |
| 3 | 1085 | Leck, Morris | 1988 | KSS Schawe | 44:31.98 | 8 |
| 4 | 1024 | Deters, Jan-Paul | 1986 | Osnabrück | 47:54.81 | 15 |
| 5 | 1050 | Hodes, Steffen | 1990 | Deindrup | 50:25.31 | 20 |
| 6 | 1009 | Müller, Dominik | 1992 | Stemwede | 52:44.55 | 26 |
| 7 | 1045 | Uzarek, Tobias | 1997 | Belm | 54:36.55 | 35 |
| <hr/> | | | | | | |
| M 17 | | | | | | |
| 1 | 1077 | Vink, Arne | 1998 | OSC Damme | 41:34.65 | 4 |
| <hr/> | | | | | | |
| M 16 | | | | | | |
| 1 | 1041 | Steinkamp, Dennis | 1999 | Lauftreff SW Osterfeine | 1:02:26.52 | 46 |
| <hr/> | | | | | | |
| M 15 | | | | | | |
| 1 | 1075 | Burgess, Dominc | 2000 | Burgläufer | 41:32.56 | 3 |