

Veranstaltung: 30. Mühlener Silvesterlauf

Rennen: 3 km Lauf

Ergebnisliste  
Altersklassifizierung

| Platz       | Nr   | Läufer                          | JG   | Verein                     | Gesamtzeit      | GP  |
|-------------|------|---------------------------------|------|----------------------------|-----------------|-----|
| <b>W 55</b> |      |                                 |      |                            |                 |     |
| 1           | 2051 | <b>Pundt, Ottilia</b>           | 1960 | LT Waldschleicher Lohne    | <b>20:32.30</b> | 92  |
| 2           | 2273 | <b>Heiland, Brigitte</b>        | 1960 | München                    | <b>23:54.61</b> | 123 |
| <b>W 50</b> |      |                                 |      |                            |                 |     |
| 1           | 2337 | <b>Schmidt, Andrea</b>          | 1967 | Lohne                      | <b>18:52.80</b> | 61  |
| 2           | 2147 | <b>Beier, Elsbeth</b>           | 1967 | GW Mühlen                  | <b>20:19.83</b> | 88  |
| 3           | 2359 | <b>Bäuning-Guzman, Renate</b>   | 1963 | Lohne                      | <b>21:47.78</b> | 108 |
| 4           | 2220 | <b>Beverborg, Ruth</b>          | 1964 | GW Brockdorf               | <b>22:24.56</b> | 114 |
| 5           | 2221 | <b>Döllmann, Margot</b>         | 1967 | GW Brockdorf               | <b>24:14.36</b> | 125 |
| <b>W 45</b> |      |                                 |      |                            |                 |     |
| 1           | 2271 | <b>Hoyer Zubraegel, Annette</b> | 1969 | Lohne                      | <b>17:02.98</b> | 26  |
| 2           | 2050 | <b>Pöhlking, Ruth</b>           | 1972 | Lohne                      | <b>17:57.86</b> | 38  |
| 3           | 2101 | <b>Weitzmann, Anja</b>          | 1972 | Dinklage                   | <b>18:01.57</b> | 39  |
| 4           | 2296 | <b>Meyer-Sieveke, Katja</b>     | 1971 | Lohne                      | <b>20:25.50</b> | 89  |
| 5           | 2250 | <b>Möllers, Alexa</b>           | 1972 | BW Lohne                   | <b>20:27.79</b> | 90  |
| 6           | 2049 | <b>Overberg, Jutta</b>          | 1970 | Apotheke im E center Lohne | <b>23:17.32</b> | 120 |
| 7           | 2145 | <b>Kruse, Uschi</b>             | 1969 | Mühlen                     | <b>25:37.03</b> | 133 |
| 8           | 2324 | <b>Barklage, Marita</b>         | 1971 | Vechta                     | <b>33:29.03</b> | 138 |
| <b>W 40</b> |      |                                 |      |                            |                 |     |
| 1           | 2136 | <b>Pille, Nicole</b>            | 1973 | GW Mühlen                  | <b>17:09.35</b> | 27  |
| 2           | 2267 | <b>Wichmann, Daniela</b>        | 1974 | TKD Lohne                  | <b>17:49.09</b> | 36  |
| 3           | 2331 | <b>Krogmann, Susanne</b>        | 1975 | GW Mühlen                  | <b>18:28.29</b> | 52  |
| 4           | 2046 | <b>Feldhaus, Dörthe</b>         | 1977 | Apotheke im E center Lohne | <b>19:27.18</b> | 67  |
| 5           | 2217 | <b>Krogmann, Kerstin</b>        | 1976 | GW Mühlen                  | <b>19:31.57</b> | 68  |
| 6           | 2040 | <b>Böckenstette, Karin</b>      | 1977 | GW Mühlen                  | <b>20:06.80</b> | 83  |
| 7           | 2311 | <b>Schulte, Melanie</b>         | 1974 | Dinklage                   | <b>20:07.74</b> | 84  |
| 8           | 2017 | <b>Wegmann, Claudia</b>         | 1975 | VfL Oythe                  | <b>21:06.94</b> | 96  |
| 9           | 2001 | <b>Dierken, Andrea</b>          | 1976 | Mutter Tochter             | <b>21:25.69</b> | 100 |
| 10          | 2110 | <b>Görgens, Alexandra</b>       | 1976 | Mühlen                     | <b>21:45.88</b> | 105 |
| 11          | 2167 | <b>Bünnemeyer, Silke</b>        | 1974 | GW Mühlen                  | <b>25:08.63</b> | 131 |
| 12          | 2229 | <b>Trenkamp, Ruth</b>           | 1977 | GW Mühlen                  | <b>26:14.19</b> | 135 |
| <b>W 35</b> |      |                                 |      |                            |                 |     |
| 1           | 2354 | <b>Arlinghaus, Christine</b>    | 1980 | SV Carum                   | <b>18:13.71</b> | 44  |
| 2           | 2071 | <b>Kamphaus, Tanja</b>          | 1982 | Goldenstedt/Lutten         | <b>20:02.57</b> | 79  |
| 3           | 2315 | <b>Deters, Elke</b>             | 1982 | GW Mühlen                  | <b>20:19.35</b> | 87  |
| 4           | 2209 | <b>Balster, Daniela</b>         | 1980 | GW Mühlen                  | <b>24:02.22</b> | 124 |
| 5           | 2193 | <b>Höhle, Janina</b>            | 1978 | Lohne                      | <b>24:33.62</b> | 128 |

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|-------------|------|----------------------------|------|----------------------------|------------|-----|
| <b>W 30</b> |      |                            |      |                            |            |     |
| 1           | 2275 | Lichtenstein, Daniela      | 1984 | GW Mühlen                  | 18:27.34   | 51  |
| <b>W 18</b> |      |                            |      |                            |            |     |
| 1           | 2345 | Emken, Annemarie           | 1999 | BW Lohne                   | 15:31.12   | 12  |
| 2           | 2291 | Wigger, Hannah             | 1999 | BW Lohne Schwimmen         | 16:19.03   | 20  |
| 3           | 2339 | Büssing, Vivien            | 1998 | SG Voßberg                 | 16:29.60   | 23  |
| 4           | 2293 | Rießelmann, Sofia          | 1998 | BW Lohne                   | 17:37.07   | 32  |
| 5           | 2015 | Tepe, Sabrina              | 1993 | Apotheke im E center Lohne | 18:39.81   | 54  |
| 6           | 2364 | Langosch, Janna            | 1998 | TV Dinklage                | 19:20.31   | 64  |
| 7           | 2010 | Heidenreich, Nane          | 1996 | DSTG Ortsverband Vechta    | 19:23.49   | 65  |
| 8           | 2327 | Liebetau, Pia              | 1989 | SG Diepholz                | 19:54.96   | 73  |
| 9           | 2070 | Haskamp, Leonie            | 1997 | TV Dinklage                | 20:29.06   | 91  |
| 10          | 2042 | Borgerding, Lina           | 1992 | Apotheke im E center Lohne | 20:35.17   | 93  |
| 11          | 2344 | Zielasko, Anna             | 1995 | Lohne                      | 21:41.31   | 103 |
| 12          | 2115 | Ahrnsen, Franziska         | 1997 | GW Mühlen                  | 21:47.79   | 109 |
| 13          | 2144 | Kruse, Julia               | 1999 | Mühlen                     | 21:48.66   | 110 |
| 14          | 2234 | Echtermann, Laura          | 1989 | OSC Osnabrück              | 23:11.29   | 119 |
| <b>W 17</b> |      |                            |      |                            |            |     |
| 1           | 2212 | Riesselmann, Charlotte     | 2000 | Lohne                      | 18:15.36   | 47  |
| <b>W 16</b> |      |                            |      |                            |            |     |
| 1           | 2146 | Kruse, Anna                | 2001 | Mühlen                     | 14:50.88   | 6   |
| 2           | 2333 | Bünker, Gesche             | 2001 | Lohne                      | 15:29.99   | 11  |
| 3           | 2213 | Kessen, Amelie             | 2001 | GW Mühlen                  | 18:26.14   | 50  |
| 4           | 2121 | Thole, Anna-Katharina      | 2001 | Lohne                      | 23:04.11   | 118 |
| <b>W 15</b> |      |                            |      |                            |            |     |
| 1           | 2075 | Zubrägel, Nele             | 2002 | Freundinnen                | 17:02.59   | 25  |
| 2           | 2268 | Wichmann, Rabea            | 2002 | Taekwando Lohne            | 18:14.25   | 46  |
| 3           | 2304 | Diamesso, Luccia-Charlotte | 2002 | Schule                     | 23:30.56   | 121 |
| <b>W 14</b> |      |                            |      |                            |            |     |
| 1           | 2003 | Holm, Lisa                 | 2003 | TV 01 Bohmte               | 12:27.96   | 1   |
| 2           | 2340 | Schuling, Hannah           | 2003 | Hausstette                 | 15:20.91   | 8   |
| 3           | 2280 | Schuling, Fine             | 2003 | SV Carum                   | 16:13.49   | 18  |
| 4           | 2341 | Schuling, Judith           | 2003 | Hausstette                 | 16:40.91   | 24  |
| 5           | 2104 | Nieuwenhuizen, Marlene     | 2003 | GW Mühlen                  | 19:15.57   | 63  |
| 6           | 2174 | Schmidt, Greta             | 2003 | Lohne                      | 19:56.65   | 74  |
| 7           | 2172 | Höffmann, Mia              | 2003 | Mühlen                     | 19:56.92   | 76  |
| 8           | 2173 | Frilling, Luisa            | 2003 | Lohne                      | 19:56.94   | 77  |

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|-------------|------|-----------------------|------|--------------------------------|------------|-----|
| <b>W 13</b> |      |                       |      |                                |            |     |
| 1           | 2211 | Kessen, Vivien        | 2004 | GW Mühlen                      | 13:20.43   | 2   |
| 2           | 2048 | Meier, Emelie         | 2004 | TV Dinklage Mädels             | 15:56.85   | 16  |
| 3           | 2306 | Garwing, Hannah       | 2004 | Blau-Weiß Lohne                | 17:35.85   | 30  |
| 4           | 2307 | Eschkötter, Ariane    | 2004 | Blau-Weiß Lohne                | 17:35.99   | 31  |
| 5           | 2164 | Bünnemeyer, Marieke   | 2004 | GW Mühlen                      | 18:32.39   | 53  |
| 6           | 2162 | Heitmann, Lena        | 2004 | Bockrunde Lohne                | 19:38.75   | 69  |
| 7           | 2140 | Budde, Kaja           | 2004 | GW Mühlen                      | 19:56.68   | 75  |
| <b>W 12</b> |      |                       |      |                                |            |     |
| 1           | 2133 | Pille, Mia            | 2005 | GW Mühlen                      | 15:21.71   | 9   |
| 2           | 2041 | Böckenstette, Lena    | 2005 | GW Mühlen Handball 1. D-Jugend | 16:17.36   | 19  |
| 3           | 2189 | Schockemöhle, Elisa   | 2005 | GW Mühlen                      | 16:28.26   | 22  |
| 4           | 2014 | Schockemöhle, Greta   | 2005 | Lohne                          | 17:33.06   | 29  |
| 5           | 2180 | Von der Heide, Hannah | 2005 | GW Mühlen                      | 17:44.98   | 33  |
| 6           | 2196 | Krogmann, Karla       | 2005 | BW Lohne                       | 17:46.47   | 34  |
| 7           | 2218 | Krogmann, Mia         | 2005 | GW Mühlen                      | 17:46.81   | 35  |
| 8           | 2260 | Czech, Madita         | 2005 | BW Lohne                       | 18:50.94   | 58  |
| <b>W 11</b> |      |                       |      |                                |            |     |
| 1           | 2004 | Holm, Melina          | 2006 | TV 01 Bohmte                   | 13:57.84   | 3   |
| 2           | 2105 | Rösener, Lotta        | 2006 | TVD Mädels                     | 14:30.67   | 4   |
| 3           | 2106 | Brüning, Carolin      | 2006 | GW Mühlen                      | 15:40.10   | 14  |
| 4           | 2165 | Bünnemeyer, Antje     | 2006 | GW Mühlen                      | 18:08.48   | 41  |
| 5           | 2074 | Vulhop, Henrike       | 2006 | Hennlotta`s                    | 18:14.00   | 45  |
| 6           | 2141 | Bohmann, Finja        | 2006 | GW Mühlen                      | 18:21.08   | 48  |
| 7           | 2215 | Pille, Marlene        | 2006 | GW Mühlen                      | 18:24.41   | 49  |
| 8           | 2248 | Möllers, Lene         | 2006 | BW Lohne                       | 18:52.41   | 60  |
| 9           | 2169 | Sandmann, Josefine    | 2006 | GW Mühlen                      | 19:06.16   | 62  |
| 10          | 2301 | Willenborg, Leonie    | 2006 | BW Lohne                       | 19:46.28   | 71  |
| 11          | 2161 | Heitmann, Finja       | 2006 | Bockrunde Lohne                | 21:18.67   | 98  |
| 12          | 2120 | Thole, Caroline       | 2006 | Lohne                          | 22:24.12   | 113 |
| 13          | 2325 | Arkenau, Sophie       | 2006 | TV Dinklage                    | 22:31.03   | 116 |
| 14          | 2073 | Schürmann, Karlotta   | 2006 | Hennlotta`s                    | 27:00.40   | 137 |
| <b>W 10</b> |      |                       |      |                                |            |     |
| 1           | 2036 | Aumann, Lisa          | 2007 | TV Dinklage Mädels             | 15:13.97   | 7   |
| 2           | 2043 | Brinkmann, Lina       | 2007 | TV Dinklage Mädels             | 15:24.29   | 10  |
| 3           | 2135 | Pille, Anna           | 2007 | GW Mühlen                      | 15:37.62   | 13  |
| 4           | 2037 | Banas, Lina           | 2007 | TV Dinklage Mädels             | 16:10.59   | 17  |
| 5           | 2038 | Behrendt, Fieni       | 2007 | TV Dinklage Mädels             | 16:26.49   | 21  |

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|-------|------|--------------------------|------|-------------------------|-----------------|-----|
| 6     | 2107 | <b>Pille, Julia</b>      | 2007 | GW Mühlen               | <b>17:51.03</b> | 37  |
| 7     | 2013 | <b>Schildmeyer, Jola</b> | 2007 | Lauftreff SW Osterfeine | <b>18:11.98</b> | 43  |
| 8     | 2053 | <b>Schwarberg, Greta</b> | 2007 | Steinfeld               | <b>18:42.23</b> | 55  |
| 9     | 2002 | <b>Dierken, Hanna</b>    | 2007 | Mutter Tochter          | <b>19:42.91</b> | 70  |
| 10    | 2130 | <b>Berens, Ellen</b>     | 2007 | Mühlen                  | <b>20:02.46</b> | 78  |
| 11    | 2118 | <b>Kühling, Marie</b>    | 2007 | GW Mühlen               | <b>20:04.19</b> | 81  |
| 12    | 2131 | <b>Möhlmann, Leonie</b>  | 2007 | Mühlen                  | <b>21:45.66</b> | 104 |
| 13    | 2030 | <b>Glaser, Pia</b>       | 2008 | Lembruch                | <b>22:26.93</b> | 115 |

**W 09**

|    |      |                            |      |                                |                 |     |
|----|------|----------------------------|------|--------------------------------|-----------------|-----|
| 1  | 2168 | <b>Sandmann, Emma</b>      | 2008 | GW Mühlen                      | <b>15:52.23</b> | 15  |
| 2  | 2006 | <b>Bührmann, Nelle</b>     | 2009 | Visbek                         | <b>17:25.92</b> | 28  |
| 3  | 2149 | <b>Kruthaup, Sina</b>      | 2008 | Steinfeld                      | <b>18:43.33</b> | 56  |
| 4  | 2297 | <b>Sieveke, Luzie</b>      | 2008 | Lohne                          | <b>18:50.50</b> | 57  |
| 5  | 2207 | <b>Lange, Sophia</b>       | 2008 | GW Mühlen                      | <b>20:02.71</b> | 80  |
| 6  | 2039 | <b>Böckenstette, Clara</b> | 2008 | GW Mühlen Handball 1. E-Jugend | <b>20:05.52</b> | 82  |
| 7  | 2139 | <b>Budde, Finja</b>        | 2008 | GW Mühlen                      | <b>20:41.62</b> | 94  |
| 8  | 2224 | <b>Ruhe, Pia</b>           | 2008 | Mühlen                         | <b>21:39.91</b> | 102 |
| 9  | 2117 | <b>Kolbeck, Lotta</b>      | 2008 | GW Mühlen                      | <b>21:45.89</b> | 106 |
| 10 | 2228 | <b>Trenkamp, Ida-Marie</b> | 2008 | GW Mühlen                      | <b>21:47.49</b> | 107 |
| 11 | 2047 | <b>Frerichs, Liv</b>       | 2008 | Hunteburger SV                 | <b>23:44.27</b> | 122 |

**W 08**

|    |      |                         |      |                       |                 |     |
|----|------|-------------------------|------|-----------------------|-----------------|-----|
| 1  | 2276 | <b>Hoehle, Milla</b>    | 2009 | BW Lohne              | <b>14:48.89</b> | 5   |
| 2  | 2035 | <b>Aumann, Hanna</b>    | 2009 | TV Dinklage Mädels    | <b>18:06.10</b> | 40  |
| 3  | 2052 | <b>Rösener, Fiene</b>   | 2009 | TV Dinklage Mädels    | <b>18:10.97</b> | 42  |
| 4  | 2163 | <b>Südkamp, Merle</b>   | 2009 | Bockrunde Lohne       | <b>18:52.35</b> | 59  |
| 5  | 2016 | <b>Ludwig, Clarissa</b> | 2010 | Cloppenburg           | <b>20:18.56</b> | 85  |
| 6  | 2249 | <b>Möllers, Emma</b>    | 2009 | BW Lohne              | <b>21:00.82</b> | 95  |
| 7  | 2204 | <b>Brune, Leni</b>      | 2009 | LT Handorf-Langenberg | <b>21:22.51</b> | 99  |
| 8  | 2350 | <b>Pundt, Ida</b>       | 2009 | BW Lohne              | <b>22:13.53</b> | 111 |
| 9  | 2351 | <b>Herzog, Marie</b>    | 2009 | BW Lohne              | <b>22:34.26</b> | 117 |
| 10 | 2299 | <b>Henkel, Leonie</b>   | 2009 | Team Holdorf Bahnhof  | <b>24:48.17</b> | 130 |

**W 07**

|   |      |                                 |      |           |                 |     |
|---|------|---------------------------------|------|-----------|-----------------|-----|
| 1 | 2214 | <b>Pille, Hanna</b>             | 2010 | GW Mühlen | <b>19:49.51</b> | 72  |
| 2 | 2317 | <b>Deters, Emmi</b>             | 2010 | GW Mühlen | <b>20:18.57</b> | 86  |
| 3 | 2191 | <b>Höhle, Matilda</b>           | 2010 | Lohne     | <b>21:07.74</b> | 97  |
| 4 | 2018 | <b>Wegmann, Madleen</b>         | 2010 | VfL Oythe | <b>21:39.72</b> | 101 |
| 5 | 2054 | <b>Schwarberg, Martha Elise</b> | 2010 | Steinfeld | <b>22:14.52</b> | 112 |
| 6 | 2210 | <b>Balster, Hannah</b>          | 2010 | GW Mühlen | <b>24:23.05</b> | 126 |

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|--------------|-----------|--------------------------|-----------|---------------|-------------------|-----------|
| 7            | 2166      | <b>Bünnemeyer, Levke</b> | 2010      | GW Mühlen     | <b>24:45.22</b>   | 129       |
| <b>W 06</b>  |           |                          |           |               |                   |           |
| 1            | 2236      | <b>Speckmann, Hannah</b> | 2011      | GW Mühlen     | <b>19:24.09</b>   | 66        |
| <b>W 05</b>  |           |                          |           |               |                   |           |
| 1            | 2192      | <b>Höhle, Paulina</b>    | 2012      | Lohne         | <b>24:31.55</b>   | 127       |
| 2            | 2125      | <b>Thole, Malin</b>      | 2012      | Lohne         | <b>25:18.49</b>   | 132       |
| 3            | 2151      | <b>Trenkamp, Greta</b>   | 2012      | GW Mühlen     | <b>26:06.43</b>   | 134       |
| 4            | 2009      | <b>Brämswig, Anni</b>    | 2012      | Lohne         | <b>26:51.76</b>   | 136       |
| <b>W 04</b>  |           |                          |           |               |                   |           |
| 1            | 2323      | <b>Barklage, Eva</b>     | 2013      | Vechta        | <b>34:00.02</b>   | 139       |

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|-------------|------|-----------------------|------|---------------------------|------------|-----|
| <b>M 70</b> |      |                       |      |                           |            |     |
| 1           | 2278 | Tegenkamp, Karl-Heinz | 1943 | Lohne W                   | 22:09.24   | 161 |
| <b>M 65</b> |      |                       |      |                           |            |     |
| 1           | 2290 | Westerhoff, Aloysius  | 1951 | BW Lohne                  | 17:56.46   | 88  |
| 2           | 2064 | Schwobe, Gerhard      | 1948 | Schwarberg Supporter Team | 23:12.81   | 168 |
| 3           | 2330 | Hörstmann, Günther    | 1950 | TV Dinklage               | 24:48.88   | 175 |
| <b>M 60</b> |      |                       |      |                           |            |     |
| 1           | 2313 | Barklage, Heiner      | 1957 | Lohne                     | 18:54.98   | 114 |
| 2           | 2254 | Perner, Benno         | 1954 | Lohne                     | 20:46.75   | 150 |
| 3           | 2334 | Espelage, Alfred      | 1956 | TV Dinklage               | 25:10.33   | 177 |
| <b>M 55</b> |      |                       |      |                           |            |     |
| 1           | 2288 | Seeger, Ulrich        | 1961 | Lohne                     | 14:40.31   | 23  |
| 2           | 2142 | Seelhorst, Gerhard    | 1959 | SFN Vechta                | 16:16.27   | 58  |
| 3           | 2358 | Bosche, Ferdinand     | 1960 | Zeltlager Brockdorf       | 18:30.36   | 104 |
| 4           | 2287 | Westendorf, Stefan    | 1961 | BW Lohne                  | 19:38.74   | 131 |
| 5           | 2352 | Pundt, Klemens        | 1958 | BW Lohne                  | 23:19.32   | 170 |
| <b>M 50</b> |      |                       |      |                           |            |     |
| 1           | 2335 | Schmidt, Thomas       | 1966 | Lohne                     | 14:45.32   | 25  |
| 2           | 2138 | Deters, Thomas        | 1965 | GW Mühlen                 | 16:07.42   | 53  |
| 3           | 2266 | Bornhorst, Michael    | 1963 | Taekwando Lohne           | 17:50.57   | 85  |
| 4           | 2294 | Tönnies, Jürgen       | 1967 | BW Lohne                  | 18:07.16   | 93  |
| 5           | 2148 | Beier, Claus          | 1966 | GW Mühlen                 | 19:08.80   | 121 |
| 6           | 2027 | Heseding, Andreas     | 1967 | DSTG Ortsverband Vechta   | 19:47.96   | 137 |
| <b>M 45</b> |      |                       |      |                           |            |     |
| 1           | 2277 | Hoehle, Carsten       | 1972 | BW Lohne                  | 15:06.93   | 34  |
| 2           | 2265 | Pille, Klaus          | 1969 | Taekwando Lohne           | 18:16.28   | 96  |
| 3           | 2178 | Von der Heide, Achim  | 1971 | GW Mühlen                 | 18:17.61   | 99  |
| 4           | 2134 | Pille, Markus         | 1970 | GW Mühlen                 | 18:26.58   | 101 |
| 5           | 2310 | Schulte, Dieter       | 1969 | Dinklage                  | 18:50.26   | 109 |
| 6           | 2058 | Frerichs, Thomas      | 1969 | Hunteburger SV            | 18:56.42   | 115 |
| 7           | 2185 | Krogmann, Diethard    | 1970 | GW Mühlen                 | 19:37.84   | 130 |
| 8           | 2292 | Schmunkamp, Thomas    | 1970 | BW Lohne                  | 19:43.30   | 133 |
| 9           | 2219 | Krogmann, Holger      | 1972 | GW Mühlen                 | 20:36.49   | 147 |
| 10          | 2244 | Donner, Andreas       | 1968 | Leuchtfeyer               | 20:38.65   | 148 |
| 11          | 2347 | Bokern, Jürgen        | 1971 | Kroge                     | 21:38.56   | 156 |
| 12          | 2063 | Meyer, Swen           | 1970 | Bad Essen                 | 22:45.05   | 166 |
| 13          | 2298 | Haskamp, Norbert      | 1971 | Team Holdorf Bahnhof      | 24:48.02   | 174 |

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**Ergebnisliste**  
**Altersklassifizierung**

| Platz       | Nr   | Läufer                  | JG   | Verein                     | Gesamtzeit      | GP  |
|-------------|------|-------------------------|------|----------------------------|-----------------|-----|
| 14          | 2230 | Trenkamp, Frank         | 1972 | GW Mühlen                  | <b>25:00.89</b> | 176 |
| 15          | 2067 | Middendorf, Uwe         | 1971 | LT Waldschleicher Lohne    | <b>30:22.83</b> | 184 |
| <hr/>       |      |                         |      |                            |                 |     |
| <b>M 40</b> |      |                         |      |                            |                 |     |
| 1           | 2198 | Middendorf, Dirk        | 1975 | TV Dinklage                | <b>15:58.84</b> | 50  |
| 2           | 2357 | Brunning, Maik          | 1975 | Hunteburg                  | <b>17:15.85</b> | 76  |
| 3           | 2238 | Kock, Christian         | 1976 | SFN Vechta                 | <b>17:54.76</b> | 87  |
| 4           | 2158 | Horstmann, Martin       | 1974 | Bockrunde Lohne            | <b>18:19.35</b> | 100 |
| 5           | 2057 | Feldhaus, Ingo          | 1977 | Apotheke im E center Lohne | <b>19:08.68</b> | 120 |
| 6           | 2300 | Diamesso, Luc-Arsene    | 1974 | BV Essen                   | <b>19:12.57</b> | 122 |
| 7           | 2233 | Speckmann, Sebastian    | 1973 | GW Mühlen                  | <b>19:24.22</b> | 125 |
| 8           | 2206 | Lange, Ralf             | 1974 | GW Mühlen                  | <b>22:09.26</b> | 162 |
| 9           | 2195 | Themann, Patrick        | 1975 | GW Mühlen                  | <b>22:09.81</b> | 164 |
| 10          | 2241 | Nieuwenhuizen, Robert   | 1973 | VfL Oythe                  | <b>23:40.87</b> | 171 |
| 11          | 2190 | Höhle, Helmut           | 1973 | Lohne                      | <b>24:34.63</b> | 173 |
| 12          | 2123 | Thole, Wolfgang         | 1977 | Lohne                      | <b>25:18.33</b> | 178 |
| 13          | 2152 | Trenkamp, Thomas        | 1975 | GW Mühlen                  | <b>26:20.93</b> | 180 |
| 14          | 2026 | Brämswig, Thomas        | 1974 | Lohne                      | <b>26:42.12</b> | 181 |
| 15          | 2024 | Bocklage, Ingo          | 1977 | TV Dinklage                | <b>28:08.46</b> | 182 |
| <hr/>       |      |                         |      |                            |                 |     |
| <b>M 35</b> |      |                         |      |                            |                 |     |
| 1           | 2274 | Batterham, Jens         | 1980 | Mühlen                     | <b>15:57.16</b> | 47  |
| 2           | 2251 | Niederquell, Konstantin | 1978 | Team WIESENHOF             | <b>16:36.36</b> | 62  |
| 3           | 2112 | Prekel, Holger          | 1982 | Mühlen                     | <b>18:03.46</b> | 90  |
| 4           | 2353 | Arlinghaus, Thomas      | 1980 | SV Carum                   | <b>18:41.60</b> | 106 |
| 5           | 2175 | Göwert, Dennis          | 1980 | Lot Loopen                 | <b>19:35.24</b> | 128 |
| 6           | 2205 | Vocks, Tobias           | 1978 | LT Handorf-Langenberg      | <b>20:08.17</b> | 141 |
| 7           | 2316 | Deters, Markus          | 1981 | GW Mühlen                  | <b>20:20.31</b> | 143 |
| <hr/>       |      |                         |      |                            |                 |     |
| <b>M 30</b> |      |                         |      |                            |                 |     |
| 1           | 2079 | Kessing, Klaus          | 1988 | OSC Damme                  | <b>12:03.61</b> | 6   |
| 2           | 2225 | Asbrede, Patrick        | 1985 | Hamburg                    | <b>13:26.39</b> | 12  |
| 3           | 2283 | Scholz, Sebastian       | 1984 | Lanförden                  | <b>19:03.23</b> | 119 |
| 4           | 2235 | Holkenbrink, Gerrit     | 1984 | OSC Osnabrück              | <b>23:16.93</b> | 169 |
| <hr/>       |      |                         |      |                            |                 |     |
| <b>M 18</b> |      |                         |      |                            |                 |     |
| 1           | 2068 | Schulte, Fabian         | 1998 | OSC Damme                  | <b>10:56.25</b> | 2   |
| 2           | 2343 | Welev, Michael          | 1995 | Be FIT Personaltraining    | <b>11:31.02</b> | 4   |
| 3           | 2356 | Tabeling, Luca          | 1996 | Dinklage                   | <b>13:11.37</b> | 9   |
| 4           | 2223 | Thomas, Christoph       | 1999 | GW Mühlen                  | <b>14:44.27</b> | 24  |
| 5           | 2007 | Steinkamp, Dennis       | 1999 | Lauftreff SW Osterfeine    | <b>15:05.57</b> | 33  |
| 6           | 2243 | Hahn, Hauke Hero        | 1994 | Vechta                     | <b>19:47.05</b> | 136 |

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**Rennen:** 3 km Lauf

**Ergebnisliste  
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| Platz | Nr   | Läufer                       | JG   | Verein         | Gesamtzeit      | GP  |
|-------|------|------------------------------|------|----------------|-----------------|-----|
| 7     | 2100 | <b>Kowalski, Maximilian</b>  | 1997 | Waldschleicher | <b>19:53.15</b> | 138 |
| 8     | 2116 | <b>Ahrnsen, Moritz</b>       | 1994 | GW Mühlen      | <b>21:45.36</b> | 158 |
| 9     | 2284 | <b>Löbberding, Christoph</b> | 1995 | Astrup         | <b>21:51.56</b> | 159 |
| 10    | 2329 | <b>Schlarmann, Falk</b>      | 1997 | TV Dinklage    | <b>22:30.54</b> | 165 |

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**M 17**

|   |      |                         |      |                        |                 |     |
|---|------|-------------------------|------|------------------------|-----------------|-----|
| 1 | 2076 | <b>Föhse, Patrick</b>   | 2000 | TuS BW Lohne Triathlon | <b>11:20.18</b> | 3   |
| 2 | 2253 | <b>Soremba, Dominik</b> | 2000 | GW Mühlen              | <b>11:54.90</b> | 5   |
| 3 | 2270 | <b>Patzelt, Mika</b>    | 2000 | Lohne                  | <b>18:53.86</b> | 112 |

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**M 16**

|   |      |                         |      |            |                 |    |
|---|------|-------------------------|------|------------|-----------------|----|
| 1 | 2226 | <b>Sandmann, Cedric</b> | 2001 | Mühlen     | <b>12:27.93</b> | 7  |
| 2 | 2159 | <b>Ortmann, Laurenz</b> | 2001 | GW Mühlen  | <b>13:54.02</b> | 16 |
| 3 | 2061 | <b>Mattausch, David</b> | 2001 | SFN Vechta | <b>18:04.00</b> | 91 |

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**M 15**

|   |      |                          |      |                 |                 |     |
|---|------|--------------------------|------|-----------------|-----------------|-----|
| 1 | 2078 | <b>Triller, Daniel</b>   | 2002 | SFN Vechta      | <b>10:33.76</b> | 1   |
| 2 | 2157 | <b>Horstmann, Fynn</b>   | 2002 | Bockrunde Lohne | <b>13:39.90</b> | 13  |
| 3 | 2362 | <b>Fangmann, Linus</b>   | 2002 | Lohne           | <b>13:46.64</b> | 15  |
| 4 | 2150 | <b>Balster, Timo</b>     | 2002 | GW Mühlen       | <b>15:02.99</b> | 31  |
| 5 | 2019 | <b>Ahrnsen, Mathis</b>   | 2002 | GW Mühlen       | <b>15:28.04</b> | 43  |
| 6 | 2262 | <b>Pille, Marius</b>     | 2002 | Taekwando Lohne | <b>16:34.25</b> | 61  |
| 7 | 2259 | <b>Czech, Justus</b>     | 2002 | BW Lohne        | <b>18:14.58</b> | 95  |
| 8 | 2282 | <b>Nkabinde, Wandile</b> | 2002 | South Africa    | <b>20:47.13</b> | 151 |

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**M 14**

|   |      |                         |      |             |                 |     |
|---|------|-------------------------|------|-------------|-----------------|-----|
| 1 | 2171 | <b>Beier, Oskar</b>     | 2003 | GW Mühlen   | <b>15:17.07</b> | 36  |
| 2 | 2328 | <b>Schlarmann, Max</b>  | 2003 | TV Dinklage | <b>15:20.58</b> | 38  |
| 3 | 2245 | <b>Rabe, Mattis</b>     | 2003 | GW Mühlen   | <b>15:25.23</b> | 41  |
| 4 | 2188 | <b>Seifert, Matthis</b> | 2003 | GW Mühlen   | <b>15:58.28</b> | 48  |
| 5 | 2216 | <b>Pille, Jannes</b>    | 2003 | GW Mühlen   | <b>15:59.04</b> | 51  |
| 6 | 2269 | <b>Patzelt, Niklas</b>  | 2003 | Lohne       | <b>18:56.98</b> | 116 |
| 7 | 2326 | <b>Arkenau, Moritz</b>  | 2003 | TV Dinklage | <b>19:24.87</b> | 126 |

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**M 13**

|   |      |                             |      |              |                 |    |
|---|------|-----------------------------|------|--------------|-----------------|----|
| 1 | 2285 | <b>Hannöver, Julius</b>     | 2004 | Cappeln      | <b>14:00.68</b> | 17 |
| 2 | 2363 | <b>Große Holthaus, Arne</b> | 2004 | Kroge        | <b>15:00.80</b> | 29 |
| 3 | 2222 | <b>Thomas, Cedric</b>       | 2004 | GW Mühlen    | <b>16:15.40</b> | 57 |
| 4 | 2000 | <b>Kuhlmann, Jonas</b>      | 2005 | Damme        | <b>16:57.19</b> | 67 |
| 5 | 2187 | <b>Bünnemeyer, Bernd</b>    | 2004 | GW Mühlen    | <b>17:17.00</b> | 77 |
| 6 | 2308 | <b>Bokern, Henrik</b>       | 2004 | GW Brockdorf | <b>17:30.58</b> | 81 |

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**M 12**



Veranstaltung: 30. Mühlener Silvesterlauf

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Altersklassifizierung

| Platz | Nr   | Läufer               | JG   | Verein          | Gesamtzeit | GP  |
|-------|------|----------------------|------|-----------------|------------|-----|
| 1     | 2156 | Horstmann, Lennart   | 2005 | Bockrunde Lohne | 13:43.04   | 14  |
| 2     | 2231 | Westermann, Jonathan | 2005 | Mühlen          | 14:27.83   | 21  |
| 3     | 2336 | Schmidt, Paul        | 2005 | Lohne           | 15:23.95   | 39  |
| 4     | 2264 | Pille, John          | 2005 | Taekwando Lohne | 17:09.28   | 74  |
| 5     | 2181 | Kohake, Jonas        | 2005 | BW Lohne        | 17:32.41   | 82  |
| 6     | 2258 | Jaecks, Jan          | 2005 | Lohne           | 18:41.32   | 105 |
| 7     | 2361 | Hawickhorst, Joost   | 2005 | Lohne           | 18:54.77   | 113 |
| 8     | 2012 | Tischler, Luis       | 2006 | Bakum           | 19:27.48   | 127 |
| 9     | 2295 | Pille, Elias         | 2005 | Mühlen          | 20:01.74   | 140 |
| 10    | 2020 | Ohme, Niklas         | 2006 | Engter          | 21:53.19   | 160 |

**M 11**

|    |      |                     |      |                    |          |     |
|----|------|---------------------|------|--------------------|----------|-----|
| 1  | 2286 | Hannöver, Leonard   | 2006 | Cappeln            | 13:14.11 | 10  |
| 2  | 2256 | Menke, Linus        | 2006 | Frisia Goldenstedt | 14:19.42 | 20  |
| 3  | 2237 | Nieuwenhuizen, Theo | 2006 | VfL Oythe          | 14:56.37 | 27  |
| 4  | 2242 | Rittstieg, Jakob    | 2006 | VfL Oythe          | 15:02.46 | 30  |
| 5  | 2132 | Korte, Lasse        | 2006 | TV Dinklage        | 15:04.06 | 32  |
| 6  | 2069 | Stuke, Carl         | 2006 | Kroge Ehrendorf    | 16:57.16 | 66  |
| 7  | 2263 | Pille, Luc          | 2006 | Taekwando Lohne    | 17:09.03 | 73  |
| 8  | 2059 | Frerichs, Lasse     | 2006 | Hunteburger SV     | 18:53.09 | 111 |
| 9  | 2302 | Diamesso, Luc-Henry | 2006 | Schule             | 21:23.72 | 154 |
| 10 | 2005 | Lorenz, Jonah       | 2007 | Goldenstedt        | 23:43.64 | 172 |

**M 10**

|    |      |                      |      |                  |          |     |
|----|------|----------------------|------|------------------|----------|-----|
| 1  | 2342 | Lichtenstein, Tim    | 2007 | GW Mühlen        | 14:04.30 | 18  |
| 2  | 2170 | Höffmann, Fiete      | 2007 | Mühlen           | 14:28.79 | 22  |
| 3  | 2197 | Meyer, Friedrich     | 2007 | GW Mühlen        | 15:09.74 | 35  |
| 4  | 2322 | Barklage, Friedrich  | 2007 | VfL Oythe        | 15:25.22 | 40  |
| 5  | 2332 | Gausepohl, Friedrich | 2007 | Rasta Vechta     | 17:05.09 | 71  |
| 6  | 2122 | Willenborg, Henrieke | 2007 | Mühlen           | 17:18.19 | 79  |
| 7  | 2338 | Sommer, Philip       | 2007 | LT DW Hausstette | 18:04.73 | 92  |
| 8  | 2257 | Jaecks, Simon        | 2007 | Lohne            | 18:10.57 | 94  |
| 9  | 2309 | Dürfeld, Paul        | 2007 | Vechta           | 18:45.10 | 108 |
| 10 | 2186 | Krogmann, Hugo       | 2007 | GW Mühlen        | 18:59.26 | 118 |
| 11 | 2179 | Von der Heide, Joost | 2007 | GW Mühlen        | 19:23.33 | 124 |
| 12 | 2176 | Göwert, Fiete        | 2007 | GW Mühlen        | 19:40.14 | 132 |
| 13 | 2033 | Wegmann, Lennard     | 2007 | VfL Oythe        | 20:19.53 | 142 |

**M 09**

|   |      |                  |      |           |          |    |
|---|------|------------------|------|-----------|----------|----|
| 1 | 2247 | Haskamp, Louis   | 2008 | BW Lohne  | 14:59.95 | 28 |
| 2 | 2201 | Borgerding, Karl | 2008 | GW Mühlen | 15:37.66 | 45 |

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| Platz | Nr   | Läufer                 | JG   | Verein         | Gesamtzeit      | GP |
|-------|------|------------------------|------|----------------|-----------------|----|
| 3     | 2008 | <b>Hoeckmann, Ole</b>  | 2009 | Lohne          | <b>16:27.39</b> | 59 |
| 4     | 2108 | <b>Brüning, Jan</b>    | 2008 | GW Mühlen      | <b>16:52.63</b> | 64 |
| 5     | 2060 | <b>Frerichs, Ole</b>   | 2008 | Hunteburger SV | <b>17:05.05</b> | 70 |
| 6     | 2077 | <b>Lanfer, Bennet</b>  | 2008 | SC Bakum       | <b>17:32.59</b> | 83 |
| 7     | 2184 | <b>Rösener, Jakob</b>  | 2008 | GW Mühlen      | <b>17:46.19</b> | 84 |
| 8     | 2239 | <b>Kock, Gustav</b>    | 2008 | SFN Vechta     | <b>17:50.60</b> | 86 |
| 9     | 2025 | <b>Brämswig, Linus</b> | 2008 | Lohne          | <b>18:16.51</b> | 97 |

**M 08**

|    |      |                            |      |                       |                 |     |
|----|------|----------------------------|------|-----------------------|-----------------|-----|
| 1  | 2279 | <b>Schuling, Torge</b>     | 2009 | Bakum                 | <b>14:17.34</b> | 19  |
| 2  | 2137 | <b>Pille, Luca</b>         | 2009 | GW Mühlen             | <b>14:48.23</b> | 26  |
| 3  | 2028 | <b>Lüesse, Pekko</b>       | 2009 | TV Dinklage           | <b>15:18.73</b> | 37  |
| 4  | 2232 | <b>Speckmann, Johannes</b> | 2009 | Mühlen                | <b>15:26.39</b> | 42  |
| 5  | 2055 | <b>Hausfeld, Max</b>       | 2009 | TuS BW Lohne          | <b>16:11.33</b> | 54  |
| 6  | 2160 | <b>Rolfes, Tim</b>         | 2009 | Bockrunde Lohne       | <b>16:27.60</b> | 60  |
| 7  | 2202 | <b>Böckmann, Christoph</b> | 2009 | GW Mühlen             | <b>16:37.73</b> | 63  |
| 8  | 2119 | <b>Kühling, Lukas</b>      | 2009 | GW Mühlen             | <b>17:05.84</b> | 72  |
| 9  | 2155 | <b>Horstmann, Bennet</b>   | 2009 | Bockrunde Lohne       | <b>17:14.62</b> | 75  |
| 10 | 2153 | <b>Koch, Hannes</b>        | 2009 | 1. F. BW Lohne        | <b>17:17.96</b> | 78  |
| 11 | 2321 | <b>Barklage, Johannes</b>  | 2009 | Vechta                | <b>17:29.06</b> | 80  |
| 12 | 2114 | <b>Bornhorst, Karl</b>     | 2009 | GW Mühlen             | <b>18:02.65</b> | 89  |
| 13 | 2255 | <b>Westerhoff, Rocco</b>   | 2009 | Blau-Weiß Lohne       | <b>18:17.48</b> | 98  |
| 14 | 2011 | <b>Babtist, Moritz</b>     | 2010 | Vechta                | <b>18:28.45</b> | 103 |
| 15 | 2154 | <b>Rohe, Nils</b>          | 2009 | 1. F. BW Lohne        | <b>18:52.09</b> | 110 |
| 16 | 2203 | <b>Vocks, Stine</b>        | 2009 | LT Handorf-Langenberg | <b>19:54.89</b> | 139 |
| 17 | 2032 | <b>Schockemöhle, Titus</b> | 2009 | Lohne                 | <b>20:52.98</b> | 152 |
| 18 | 2113 | <b>Prekel, Till</b>        | 2009 | Mühlen                | <b>21:42.32</b> | 157 |
| 19 | 2062 | <b>Messing, Jakob</b>      | 2009 | TuS BW Lohne          | <b>33:43.77</b> | 186 |

**M 07**

|    |      |                         |      |             |                 |     |
|----|------|-------------------------|------|-------------|-----------------|-----|
| 1  | 2246 | <b>Haskamp, Moritz</b>  | 2010 | BW Lohne    | <b>12:48.39</b> | 8   |
| 2  | 2065 | <b>Zerhusen, Hugo</b>   | 2010 | OSC Damme   | <b>13:24.67</b> | 11  |
| 3  | 2127 | <b>Hannöver, Matti</b>  | 2010 | GW Mühlen   | <b>15:35.34</b> | 44  |
| 4  | 2314 | <b>Scheele, Finn</b>    | 2010 | BW Lohne    | <b>15:49.82</b> | 46  |
| 5  | 2182 | <b>Kohake, Johann</b>   | 2010 | BW Lohne    | <b>16:12.29</b> | 55  |
| 6  | 2143 | <b>Fangmann, Jelde</b>  | 2010 | GW Mühlen   | <b>16:13.02</b> | 56  |
| 7  | 2023 | <b>Bocklage, Hannes</b> | 2010 | TV Dinklage | <b>16:53.91</b> | 65  |
| 8  | 2199 | <b>Seifert, Hannes</b>  | 2010 | GW Mühlen   | <b>17:04.45</b> | 69  |
| 9  | 2021 | <b>Barhorst, Thomas</b> | 2010 | Mühlen      | <b>18:28.39</b> | 102 |
| 10 | 2124 | <b>Thole, Henk</b>      | 2010 | BW Lohne    | <b>18:42.62</b> | 107 |
| 11 | 2129 | <b>Deters, Henri</b>    | 2010 | BW Lohne    | <b>19:46.24</b> | 135 |

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|--------------|-----------|----------------------------|-----------|-------------------------|-------------------|-----------|
| 12           | 2289      | <b>Barklage, Willem</b>    | 2010      | GW Brockdorf            | <b>20:26.43</b>   | 146       |
| 13           | 2319      | <b>Bünger, Kjell</b>       | 2010      | 1817 Lohne              | <b>20:45.86</b>   | 149       |
| 14           | 2066      | <b>Middendorf, Jonas</b>   | 2010      | LT Waldschleicher Lohne | <b>30:28.51</b>   | 185       |
| <hr/>        |           |                            |           |                         |                   |           |
| <b>M 06</b>  |           |                            |           |                         |                   |           |
| 1            | 2200      | <b>Middendorf, Anton</b>   | 2011      | TV Dinklage             | <b>15:58.44</b>   | 49        |
| 2            | 2029      | <b>Lüesse, Reto</b>        | 2011      | TV Dinklage             | <b>16:06.99</b>   | 52        |
| 3            | 2360      | <b>Hawickhorst, Hennes</b> | 2011      | Lohne                   | <b>18:57.82</b>   | 117       |
| 4            | 2355      | <b>Arlinghaus, Philipp</b> | 2011      | SV Carum                | <b>19:21.61</b>   | 123       |
| 5            | 2305      | <b>Schwerter, Torben</b>   | 2011      | Waldschleicher          | <b>19:45.37</b>   | 134       |
| 6            | 2111      | <b>Prekel, Paul</b>        | 2011      | Mühlen                  | <b>21:31.31</b>   | 155       |
| 7            | 2194      | <b>Themann, Hennes</b>     | 2011      | GW Mühlen               | <b>23:05.14</b>   | 167       |
| <hr/>        |           |                            |           |                         |                   |           |
| <b>M 05</b>  |           |                            |           |                         |                   |           |
| 1            | 2183      | <b>Kohake, Felix</b>       | 2012      | BW Lohne                | <b>17:04.02</b>   | 68        |
| 2            | 2177      | <b>Göwert, Pius</b>        | 2012      | GW Mühlen               | <b>19:35.49</b>   | 129       |
| 3            | 2320      | <b>Deters, Lasse</b>       | 2012      | GW Mühlen               | <b>20:20.47</b>   | 144       |
| 4            | 2318      | <b>Deters, Fiete</b>       | 2012      | GW Mühlen               | <b>20:22.08</b>   | 145       |
| 5            | 2346      | <b>Bokern, Jakob</b>       | 2012      | Kroge                   | <b>21:20.17</b>   | 153       |
| 6            | 2208      | <b>Lange, Pepe</b>         | 2012      | GW Mühlen               | <b>22:09.67</b>   | 163       |
| 7            | 2227      | <b>Trenkamp, Johannes</b>  | 2012      | GW Mühlen               | <b>25:57.71</b>   | 179       |
| <hr/>        |           |                            |           |                         |                   |           |
| <b>M 04</b>  |           |                            |           |                         |                   |           |
| 1            | 2022      | <b>Bocklage, Anton</b>     | 2013      | TV Dinklage             | <b>28:17.80</b>   | 183       |