

### 3. Lohner Hungertriathlon am 17. Juli 1994 in Lohne - Triathlon

AK- Platz	Name, Vorname	Verein oder Ort	L o Bl	Geburts jahr	Gesamt zeit	Schwim men	Wechsel I	Radfah ren	Wechsel II + I laufen	Gesamt platz
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#### 01 - Triathlon der Frauen

##### 45 - 49

1	Schubert, Inge	TSV Quakenbrück		47	03:03:12	00:36:25	00:03:10	01:26:10	00:57:27	5
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##### 40 - 44

1	Espelage-Luers, Bernadet	Mucki Latte		54	02:49:31	00:24:21	00:15:51	01:14:18	00:55:01	4
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##### 35 - 39

1	Schild, Astrid	FC Bayer 05 Uerdingen	NRW	59	03:05:21	00:35:38	00:02:17	01:24:22	01:03:04	6
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##### 21 - 34

1	Lefering, Jutta	LC Nordhorn		72	02:21:06	00:25:20	00:02:52	01:08:36	00:44:18	1
2	Blunck, Sylvia	TuS Engter		72	02:26:40	00:25:11	00:01:26	01:13:29	00:46:34	2
3	Temme, Germe	USV Halle	SAN	66	02:44:58	00:29:05	00:01:50	01:15:53	00:58:10	3

## 01 - Triathlon der Männer

### 70 - 74

1	Hawighorst, Heinrich	Eintracht Rulle	NRW	23	03:39:31	00:44:34	00:05:58	01:25:05	01:23:54	57
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### 60 - 64

1	Witte, Günther	1. TC Oldenburg - Die Bäre		34	02:40:40	00:36:25	00:03:38	01:12:17	00:48:20	45
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### 55 - 59

1	Gliwitzki, Alwin	ESV Eintracht Hameln		35	02:42:41	00:31:38	00:01:32	01:18:30	00:51:01	46
2	Konersmann, Friedhelm	Tri Team Dissen		36	02:50:53	00:33:47	00:02:43	01:14:05	01:00:18	52

### 50 - 54

1	Klemme, Helmut	ESV Eintracht Hameln		44	02:39:10	00:35:00	00:01:45	01:11:21	00:51:04	44
2	Schubert, Hans-Jürgen	TSV Quakenbrück		44	02:49:43	00:38:43	00:02:50	01:18:45	00:49:25	51
3	Donder, Reinhard	TSV Trittau	SH	41	03:15:12	00:49:36	00:02:54	01:28:38	00:54:04	56

### 45 - 49

1	Böttcher, Günter	LG Hamm Tri Team	NRW	48	02:16:51	00:28:02	00:01:23	01:09:35	00:37:51	13
2	Felmsberg, Hans-Joachim	Wilhelmshavener SSV		49	02:22:07	00:25:16	00:02:19	01:08:30	00:46:02	23
3	Dresselhaus, Jürgen	TSV Quakenbrück		49	02:28:19	00:28:05	00:02:00	01:10:25	00:47:49	33
4	Hugo von, Jörg	TSV Anderten		49	02:32:23	00:26:11	00:03:12	01:09:56	00:53:04	39

### 40 - 44

1	Sachs, Dr. Gerd	DLRG Damme		50	02:23:23	00:23:53	00:03:09	01:09:13	00:47:08	25
2	Grotepass, Heinz-Gerd	TSV Quakenbrück		52	02:45:09	00:33:38	00:04:10	01:15:44	00:51:37	47
3	Kretschmann, Klaus-Diete	TSV Quakenbrück		54	02:52:09	00:40:42	00:02:33	01:13:10	00:55:44	53

### 35 - 39

1	Strobach, Joachim	SV Werder Bremen	BRE	58	02:07:40	00:23:51	00:01:22	01:02:09	00:40:18	6
2	Ahmann, Ludger	LG Hamm Tri Team	NRW	57	02:12:24	00:28:21	00:01:38	01:04:57	00:37:28	10
3	Kreienborg, Hans-Peter	Blau Weiss Lohne		59	02:16:53	00:28:44	00:01:54	01:06:34	00:39:41	14
4	Ehlhardt, Michael	Tri Team Dissen		58	02:23:38	00:27:55	00:02:02	01:09:36	00:44:05	26
5	Lampe, Fred	Mühlenberger SV		59	02:24:10	00:27:26	00:02:44	01:09:43	00:44:17	27
6	Vagts, Hartmut	Harsefeld		57	02:27:47	00:41:25	00:08:41	01:07:40	00:47:23	29
7	Kröger, Frank	TSV Wallenhorst		59	02:27:57	00:30:33	00:02:02	01:10:10	00:45:12	31
8	Szech, Dietmar	Sande		55	02:48:30	00:38:43	00:02:01	01:11:00	00:56:46	48
9	Langner, Andreas	RSV Hannover		58	02:48:55	00:31:44	00:02:41	01:17:31	00:56:59	49
10	Elfers, Dietmar	Post SV Buxtehude		56	02:49:12	00:38:46	00:02:02	01:15:21	00:53:03	50

### 21 - 34

1	Hugenberg, Christoph	LC Nordhorn		65	02:02:30	00:22:48	00:01:47	00:58:20	00:39:35	2
2	Dänekamp, Ralf	FS Düsseldorf	NRW	66	02:03:34	00:23:31	00:01:22	01:01:10	00:37:31	3
3	Behrens, Volkert	1. TC Oldenburg - Die Bäre		66	02:04:08	00:24:47	00:01:41	01:00:27	00:37:13	4
4	Uhlenbruch, Ralf	RSC Rheine	NRW	65	02:04:59	00:25:12	00:01:38	01:01:10	00:36:59	5
5	Tierp, Volker	RSC Rheine	NRW	67	02:10:31	00:22:12	00:01:33	01:05:06	00:41:40	7
6	Glaserapp, Andreas	Delmenhorster SV		69	02:10:48	00:19:55	00:02:00	01:04:38	00:44:15	8
7	Peters, Carsten	Blau-Weiss Borssum		61	02:11:09	00:27:57	00:01:38	01:02:15	00:39:19	9
8	Zimmermann, Klaus	Schloothissies Germania Le		65	02:15:36	00:25:24	00:02:06	01:03:48	00:44:18	11
9	Schönberg, Alexander	Celler SC Tri Team		71	02:16:43	00:24:34	00:01:46	01:06:20	00:44:03	12
10	Schönhoff, Carsten	Sportreinigung Niederma		72	02:18:25	00:26:39	00:02:05	01:02:45	00:46:56	15
11	Anders, Mike	OSC Osnabrück		73	02:18:32	00:27:50	00:01:58	01:05:25	00:43:19	16
12	Hornie, Olaf	ESV Eintracht Hameln		62	02:19:53	00:26:27	00:01:41	01:08:47	00:42:58	17
13	Lindner, Kai-Uwe	USV Halle	SAN	64	02:21:14	00:28:48	00:01:47	01:53:25	00:02:46	18
14	Panning, Peter	1. TC Oldenburg - Die Bäre		65	02:21:26	00:24:56	00:01:56	01:11:03	00:43:31	19
15	Coers, Michael	RSV Hannover		66	02:21:36	00:26:13	00:01:39	01:08:43	00:45:01	20
16	Palombini von, Jobst	Waspo 08 Göttingen		69	02:21:45	00:33:30	00:02:22	01:04:43	00:41:10	21
17	Schmidt, Stefan	RSV Hannover		69	02:22:07	00:25:20	00:02:20	01:10:20	00:44:07	22
18	Thomes, Frank	VfL Damp	SH	68	02:22:23	00:28:01	00:01:37	01:09:53	00:42:52	24
19	Hasenberg, Sven	Mühlenberger SV		64	02:27:30	00:30:34	00:01:33	01:13:41	00:41:42	28
20	Schwarzer, Joachim	SV Munster		65	02:27:54	00:29:22	00:02:08	01:11:12	00:45:12	30
21	Pundt, Christian	1. TC Oldenburg - Die Bäre		73	02:27:57	00:26:00	00:03:14	01:11:21	00:47:22	32
22	Redenius, Markus	Tri Team Oythe		64	02:28:28	00:33:40	00:01:56	01:07:19	00:45:33	34
23	Krämer, Jürgen	Aachen	NRW	65	02:28:54	00:29:59	00:02:37	01:09:19	00:46:59	35
24	Schröder, Ralf	1. TC Oldenburg - Die Bäre		66	02:29:29	00:32:32	00:02:03	01:08:15	00:46:39	37
25	Burhenne, Ralf	TSG Rheda Tria	NRW	67	02:29:53	00:29:56	00:01:34	01:13:08	00:45:15	38
26	Fricke, Wolfgang	TSV Wallenhorst		63	02:33:00	00:31:24	00:01:54	01:09:31	00:50:11	40
27	Flessner, Jörg	Schloothissies Germania Le		60	02:34:15	00:30:33	00:02:01	01:15:21	00:46:20	41
28	Richter, Horst	OSC Bremerhaven	BRE	60	02:35:45	00:31:04	00:02:04	01:16:47	00:45:50	42
29	Sodeikat, Kai	JCB Tri Team		67	02:36:37	00:35:40	00:03:04	01:11:06	00:46:47	43
30	Lahm, Edwin	Hameln		66	02:52:36	00:36:00	00:01:50	01:28:27	00:46:19	54
31	Thranow, Thomas	TV Dinklage		64	02:53:56	00:35:18	00:02:32	01:17:40	00:58:26	55

**18 - 20**

<b>1</b>	Jansen, Sven	SV Werder Bremen	<b>BRE</b>	74	<b>02:01:43</b>	00:20:20	00:02:03	01:01:56	00:37:24	<b>1</b>
<b>2</b>	Pape, Henning	Bison Springe Tri-Gemeins		76	<b>02:29:15</b>	00:23:39	00:03:59	01:06:56	00:54:41	<b>36</b>