

4. Lohner Hungertriathlon am 16. Juli 1995 in Lohne - Triathlon

AK- Platz	Name, Vorname	Verein oder Ort	L o B l	Geburts jahr	Gesamt zeit	Schwim men	Wechsel I	Radfah ren	Wechsel II + I aufen	Gesamt platz
--------------	---------------	-----------------	------------	-----------------	----------------	---------------	--------------	---------------	-------------------------	-----------------

01 - Triathlon der Frauen

45 - 49

1	Schlitt, Barbara	TSV Quakenbrück		49	03:20:21	00:41:00	00:03:28	01:24:38	01:11:15	4
---	------------------	-----------------	--	----	----------	----------	----------	----------	----------	---

35 - 39

1	Schild, Astrid	ASV Süchteln	NRW	59	03:12:09	00:37:52	00:02:33	01:26:51	01:04:53	3
---	----------------	--------------	-----	----	----------	----------	----------	----------	----------	---

21 - 34

1	Bartels, Kirstin	TuS Engter		70	02:28:39	00:26:05	00:01:46	01:10:34	00:50:14	1
2	Tarrach, Bettina	Hannover		69	02:38:30	00:30:36	00:01:52	01:17:26	00:48:36	2

01 - Triathlon der Männer

70 - 74

1	Hawighorst, Heinrich	Eintracht Rulle		23	03:44:28	00:46:43	00:07:10	01:25:48	01:24:47	51
---	----------------------	-----------------	--	----	-----------------	----------	----------	----------	----------	-----------

60 - 64

1	Witte, Günther	1. TC Oldenburg - Die Bäre		34	02:40:16	00:36:34	00:03:51	01:11:35	00:48:16	46
2	Gliwitzki, Alwin	ESV Eintracht Hameln		35	02:42:57	00:32:41	00:01:43	01:17:22	00:51:11	49

55 - 59

1	Greb, Horst	Tri Team Dissen		38	02:18:51	00:26:08	00:01:14	01:07:46	00:43:43	20
2	Jaschinski, Günter	SV Soltau		40	02:40:49	00:38:58	00:02:05	01:11:46	00:48:00	48

50 - 54

1	Klemme, Helmut	ESV Eintracht Hameln		44	02:34:08	00:33:27	00:01:32	01:08:58	00:50:11	44
---	----------------	----------------------	--	----	-----------------	----------	----------	----------	----------	-----------

45 - 49

1	Cremers, Raimund	1. TC Oldenburg - Die Bäre		47	02:25:18	00:29:54	00:01:43	01:07:30	00:46:11	32
---	------------------	----------------------------	--	----	-----------------	----------	----------	----------	----------	-----------

40 - 44

1	Grewe-Ibert, Heino	VfL Wingst		55	02:29:33	00:33:01	00:01:23	01:11:27	00:43:42	37
---	--------------------	------------	--	----	-----------------	----------	----------	----------	----------	-----------

35 - 39

1	Gidde, Andreas	Garbsen		58	02:14:38	00:27:04	00:01:27	01:02:23	00:43:44	11
2	Ehlhardt, Michael	Tri Team Dissen		58	02:17:40	00:28:08	00:01:52	01:05:34	00:42:06	17
3	Flottmann-Schwanke, Wol	Tri Team Dissen		59	02:20:01	00:26:58	00:01:49	01:05:14	00:46:00	23
4	Lampe, Fred	Mühlenberger SV		59	02:22:07	00:27:22	00:02:14	01:08:10	00:44:21	26
5	Holl, Henry	Tri Team Oythe		59	02:24:51	00:31:05	00:02:46	01:06:03	00:44:57	31
6	Flessner, Jörg	Schloothiessis Germania Le		60	02:27:02	00:28:49	00:02:03	01:11:14	00:44:56	36
7	Hendricksen, Hans-Joachi	TSV Quakenbrück		59	02:30:30	00:32:46	00:02:27	01:08:37	00:46:40	39
8	Pollehn, Ralf	CSC Celle		58	02:31:59	00:33:18	00:01:31	01:13:49	00:46:23	40

21 - 34

1	Richter, Jens	TRC Essen	NRW	62	01:58:05	00:21:46	00:01:38	00:58:27	00:36:14	1
2	Rathgeber, Axel	TSV Anderten		67	02:05:39	00:25:21	00:01:06	01:00:44	00:38:28	3
3	Krupp, Axel	TVdB Bremen	BRE	68	02:07:29	00:26:18	00:01:29	01:00:23	00:39:19	4
4	Bickel, Thorsten	1. TC Oldenburg - Die Bäre		64	02:11:09	00:30:27	00:01:45	01:01:20	00:37:37	5
5	Peters, Carsten	Blau-Weiss Borssum		61	02:11:42	00:27:13	00:02:00	01:02:59	00:39:30	6
6	Temmen, Gerd	SC Lehe-Spaden	BRE	64	02:12:27	00:26:04	00:01:45	01:03:04	00:41:34	7
7	Cerowski, Udo	MTV Vienenburg		63	02:12:36	00:28:20	00:01:46	01:02:34	00:39:56	8
8	Klose, Mario	Tri Team Dissen		71	02:13:51	00:25:01	00:01:31	01:06:13	00:41:06	9
9	Schmidt, Stefan	RSV Hannover		69	02:14:12	00:24:24	00:02:20	01:03:54	00:43:34	10
10	Messinger, Björn	Laatzen		73	02:15:41	00:24:43	00:01:38	01:05:17	00:44:03	12
11	Stölken, Michael	Tri Sport Lübeck	SH	74	02:15:56	00:25:40	00:01:33	01:06:31	00:42:12	13
12	Tiedeken, Jens	WSV 1921 Wolfenbüttel		68	02:16:00	00:26:34	00:01:57	01:03:21	00:44:08	14
13	Hansen, Ole	Tri Team Oythe		72	02:16:41	00:29:02	00:01:57	01:05:01	00:40:41	15
14	Struß, Jörg	Uni Triathlöwen Bremen	BRE	62	02:17:31	00:25:40	00:03:41	01:06:37	00:41:33	16
15	Koppeheel, Udo	1. TC Oldenburg - Die Bäre		64	02:17:58	00:24:20	00:01:52	01:04:56	00:46:50	18
16	Fricke, Jens	TVdB Bremen	BRE	68	02:18:11	00:21:54	00:02:02	01:09:55	00:44:20	19
17	Wiens, Wolfgang	DJKVSL Billerbeck	NRW	66	02:19:36	00:28:43	00:02:13	01:06:28	00:42:12	22
18	Drees, Jürgen	Bersenbrück		66	02:20:40	00:30:19	00:02:08	01:07:15	00:40:58	24
19	Coers, Michael	RSV Hannover		66	02:20:43	00:26:15	00:01:44	01:08:30	00:44:14	25
20	Röhr, Christian	1. TC Oldenburg - Die Bäre		63	02:22:30	00:29:43	00:02:09	01:08:48	00:41:50	27
21	Brockfeld, Wilke	Schwelmer SC	NRW	69	02:22:42	00:27:51	00:01:49	01:08:31	00:44:31	28
22	Noffke, Axel	1. TC Oldenburg - Die Bäre		69	02:22:53	00:30:42	00:02:25	01:08:57	00:40:49	29
23	Schild, Stefan	ASV Süchteln	NRW	62	02:23:43	00:32:34	00:02:56	01:06:22	00:41:51	30
24	Müller, Matthias	Heidmühler FC		65	02:25:52	00:27:35	00:03:53	01:07:39	00:46:45	33
25	Geißler, André	TuS Engter		70	02:26:09	00:24:08	00:02:47	01:09:22	00:49:52	34
26	Hasenberg, Sven	MSV Hannover		64	02:26:50	00:30:54	00:02:06	01:12:11	00:41:39	35
27	Voiqt, Torsten	1. TC Oldenburg - Die Bäre		68	02:30:13	00:29:42	00:02:25	01:09:43	00:48:23	38
28	Brüggemann, Jens	OSC Osnabrück		73	02:32:30	00:29:10	00:02:57	01:09:53	00:50:30	41
29	Dierking, Martin	RSV Hannover		61	02:32:38	00:32:32	00:02:37	01:13:00	00:44:29	42
30	Schröder, Ralf	1. TC Oldenburg - Die Bäre		66	02:32:47	00:31:10	00:01:57	01:11:18	00:48:22	43
31	Mc Laochlin, Shaon	Bad Salzuflen	GBR	66	02:35:21	00:34:20	00:02:27	01:13:15	00:45:19	45
32	Sodeikat, Kai	CSC Celle		67	02:40:19	00:36:23	00:03:12	01:11:43	00:49:01	47
33	Smolla, Ralf	RSV Hannover		64	03:09:03	00:39:55	00:04:16	01:25:55	00:58:57	50

18 - 20

1	Duden, Olaf	TV Scheeßel		77	01:58:44	00:22:08	00:01:11	00:58:10	00:37:15	2
2	Schmedt, Karsten	MTV Dannenberg		77	02:18:52	00:27:33	00:02:30	01:07:03	00:41:46	21