

# Festival des Ausdauersports am 14. Juni 2009 in Lohne

## Volkstriathlon

AK- Platz	Name, Vorname	Verein oder Ort	GJ	Gesamt zeit	Schwimmen + Wechsel I	Radfah ren	Wechsel II + Laufen	Gesamt platz
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### 03 - Volkstriathlon der Frauen

#### 50 - 54

1	Jaroschek, Rosemarie	TC Köln-Jena	58	01:41:46	00:16:33	00:00:00	01:25:13	11
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#### 45 - 49

1	Dirks, Heike	Fortuna Logabirum	63	01:23:41	00:12:28	00:41:04	00:30:09	4
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#### 40 - 44

1	Schick, Sabine	Achim	69	01:18:52	00:12:45	00:38:34	00:27:33	1
2	Winkel, Birgit	LT Waldschleicher Lohne	65	01:20:27	00:12:07	00:41:11	00:27:09	2
3	Schick, Sabine	Achim	69	01:25:28	01:25:28	00:00:00	00:00:00	5

#### 35 - 39

1	Haskamp, Moni	TV Dinklage	70	01:39:48	00:14:58	00:13:50	01:11:00	9
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#### 30 - 34

1	Spiess, Petra	SC Melle 03	75	01:20:54	00:12:33	00:41:21	00:27:00	3
2	Kneifel, Veronika	ESV Tri-Team	76	01:40:01	00:15:04	00:52:06	00:32:51	10

#### 21 - 29

1	Van Gemmern, Antje	Münster	83	01:27:56	00:16:53	00:42:08	00:28:55	6
2	Harke, Katharina	Hannoverscher SV	86	01:29:33	00:14:42	00:42:35	00:32:16	7

#### 15/16

1	Behrmann, Sarah	Langwedel	93	01:37:18	00:15:30	00:47:43	00:34:05	8
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### 03 - Volkstriathlon der Männer

#### 60 - 64

1	Kauß, Gernot	Laufftreff Ganderkesee	47	01:14:37	00:20:15	00:21:05	00:33:17	11
2	Hölscher, Paul	Lohne	46	01:28:43	00:13:40	00:38:13	00:36:50	37
3	Schwind, Gerd	Lohne	45	01:39:59	00:23:00	00:42:24	00:34:35	45

#### 50 - 54

1	Strobach, Joachim	TSV Verden	58	01:13:01	00:08:42	00:42:48	00:21:31	7
2	Cehlius, Rainer	Tri-Team Engter	59	01:17:28	01:17:28	00:00:00	00:00:00	21
3	Wigger, Hermann	Lohne	58	01:21:05	00:13:28	00:40:45	00:26:52	27
4	Von Freeden, Henning	TCB Bremen	59	01:25:20	00:14:15	00:41:15	00:29:50	33
5	Cossmann, Michael	TC Köln-Jena	56	01:35:57	00:14:50	01:21:07	00:00:00	44
6	Jaroschek, Ulrich	TC Köln-Jena	57	01:41:19	00:18:04	00:49:27	00:33:48	46

#### 45 - 49

1	Taube, Siegfried	Tri-Team Dissen	63	01:09:40	00:09:28	01:00:12	00:00:00	2
2	Franke, Uwe	SG Diepholz	61	01:13:58	00:11:24	00:40:08	00:22:26	9
3	Radl, Norbert	TSV Embsen	61	01:13:58	00:12:03	00:37:14	00:24:41	10
4	Maßmann, Bernd	SC Melle 03	61	01:16:13	00:11:24	00:39:18	00:25:31	15
5	Punte, Ralf	Neuenkirchen	64	01:17:06	00:12:10	00:39:21	00:25:35	20
6	Gausmann, Kai Dirk	Mukki Latte	63	01:23:17	00:14:11	00:37:33	00:31:33	31
7	Nolte, Carsten	TCKJ Wardenburg	61	01:27:33	00:15:32	00:41:17	00:30:44	35
8	Keineke, Ingo	Lohne	64	01:30:52	00:15:16	00:40:36	00:35:00	42
9	Theune, Frank	VfL Edeweicht	63	01:30:55	00:11:18	00:46:52	00:32:45	43

#### 40 - 44

1	Glose, Frank	TuS Bersenbrück	66	01:11:25	00:48:41	00:22:44	00:00:00	5
2	Kratz, Carsten	SC Weyhe	67	01:15:20	00:15:03	00:35:28	00:24:49	13
3	Thurner, Ted	1. TC Oldenburg - Die Bäre	65	01:16:19	00:16:19	01:00:00	00:00:00	17
4	Fuths, Andreas	1. TC Oldenburg - Die Bäre	68	01:17:34	00:11:51	00:42:38	00:23:05	22
5	Peters, Dirk	Bissendorf	66	01:17:52	00:12:58	01:04:54	00:00:00	23
6	Lingert, Eugen	Melle-Wellingholzhausen	66	01:22:07	00:16:35	00:38:56	00:26:36	30
7	Reichert, Marcus	Pöppelmann	68	01:28:05	00:14:12	00:49:13	00:24:40	36
8	Thole, Dirk	Lohne	68	01:29:07	00:13:40	01:15:27	00:00:00	38
9	Tepe, Heiner	Holdorf	65	01:30:03	00:21:54	00:41:35	00:26:34	41

#### 35 - 39

1	Höhle, Carsten	Team Wangerooger	72	01:11:23	00:10:49	01:00:34	00:00:00	4
2	Hoyer, Andreas	Magic Laiens Lohne	71	01:16:16	00:14:04	00:37:20	00:24:52	16
3	Revermann, Tobias	Damme	72	01:16:35	00:13:54	00:37:09	00:25:32	18
4	Stelmecke, Markus	Melle	71	01:20:09	00:14:03	00:40:33	00:25:33	25
5	Schönfeld, Kay	Mukki Latte	73	01:21:50	00:12:32	00:37:28	00:31:50	28
6	Schönfeld, Timo	Diesdorfer Six-Pack	70	01:22:07	00:15:41	00:40:26	00:26:00	29
7	Zeis, Matthias	Wardenburg	70	01:24:54	00:15:07	01:09:47	00:00:00	32
8	Weerth, Carsten	TV 1875 Walle Bremen	71	01:29:15	00:15:17	00:45:55	00:28:03	39

#### 30 - 34

1	Peemüller, Nils	FF Oldenburg	77	01:15:42	00:12:00	00:37:04	00:26:38	14
2	Berger, Marcel	Dinklage	79	01:16:37	00:20:44	00:55:53	00:00:00	19
3	Pülm, Stefan	TSG 07 Burg Gretesch	77	01:20:34	00:10:50	00:41:50	00:27:54	26

#### 21 - 29

1	Kasig, Patrick	TSR Olympia Wilhelmshave	88	01:11:45	00:10:07	00:36:47	00:24:51	6
2	Schmidt, Klaus	Aachen	83	01:13:06	00:10:43	01:02:23	00:00:00	8
3	Hegerfeld, Sebastian	Rehden	87	01:15:08	00:16:35	00:28:21	00:30:12	12
4	Redenius, Timo	TSR Olympia Wilhelmshave	81	01:29:17	00:12:17	01:17:00	00:00:00	40

#### 19/20

1	Teerling, Hendrik	Münster	90	01:26:27	00:12:06	00:35:51	00:38:30	34
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#### 17/18

1	Schäfer, Felix	ESV Tri-Team	91	01:08:08	00:10:47	00:35:20	00:22:01	1
2	Franke, Sebastian	SG Diepholz	91	01:19:50	00:15:58	00:37:42	00:26:10	24

#### 15/16

1	Otten, Sören	TSR Olympia Wilhelmshave	94	01:10:22	00:10:33	00:34:56	00:24:53	3
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