

Geschlecht: W

| Nr | LäuferIn | GJ | Verein | Gesamtzeit |
|-----------|---------------------|-----------|-------------------------|-------------------|
| 1815 | Ahlers, Bettina | 1959 | Lohne | 1:10:51.94 |
| 1922 | Albacht, Karin | 1968 | SVED Lohne | 1:08:46.62 |
| 1927 | Becker, Marianne | 1967 | St. Elisabeth Lohne | 1:13:18.99 |
| 1909 | Bramlage, Rita | 1964 | Andreaswerk | 1:00:31.55 |
| 1901 | Döllmann, Margot | 1967 | GW Brockdorf | 1:02:36.57 |
| 1800 | Espelage, Eva | 1965 | GW Brockdorf | 48:09.66 |
| 1910 | Geerken, Helga | 1963 | Andreaswerk | 1:05:20.53 |
| 1926 | Honkomp, Manuela | 1964 | Falke Steinfeld | 1:06:39.18 |
| 1917 | Horstmann, Anke | 1977 | Lutten | 1:01:29.83 |
| 1801 | Kleemann, Ramona | 1983 | SV Falke Steinfeld | 57:16.91 |
| 1809 | Koddenbrock, Anne | 1963 | Vechta | 1:08:49.09 |
| 1961 | Kolbeck, Anne | 1961 | Steinfeld | 1:04:46.12 |
| 1802 | Küthe, Heike | 1969 | TuS Bersenbrück | 1:02:48.93 |
| 1918 | Lueesse, Martina | 1975 | VfL Oythe | 57:30.06 |
| 1924 | Menke, Lilo | 2011 | TV Dinklage | 1:10:51.92 |
| 1923 | Menke, Marion | 1977 | TV Dinklage | 1:05:49.92 |
| 1803 | Meyer, Shanti | 1976 | Südlohner walking group | 1:03:45.52 |
| 1905 | Nachtwey, Claudia | 1970 | Damme | 1:00:31.40 |
| 1904 | Nachtwey, Patricia | 1972 | Dinklage | 1:09:21.17 |
| 1903 | Olberding, Karin | 1967 | GW Mühlen | 1:07:51.84 |
| 1804 | Potthoff, Gaby | 1964 | TuS Bersenbrück | 1:09:18.33 |
| 1902 | Rolfes, Marita | 1967 | GW Mühlen | 1:04:11.42 |
| 1919 | Rudolf, Hannelore | 1954 | Waldschleicher | 1:03:09.64 |
| 1805 | Schuckmann, Renate | 1961 | TuS Bersenbrück | 1:01:43.18 |
| 1806 | Stärk, Sabine | 1970 | LT SW Osterfeine | 57:16.61 |
| 1914 | Suessmann, Cornelia | 1956 | Andreaswerk | 1:12:05.94 |

Geschlecht: M

| Nr | LäuferIn | GJ | Verein | Gesamtzeit |
|-----------|-----------------------------|-----------|--------------------------------------|-------------------|
| 1906 | Boehme, Markus | 1972 | RBS Vechta | 43:44.03 |
| 1907 | Böhme, Jürgen | 1946 | Reha Behinderten Sport Vechta (RBSV) | 43:46.41 |
| 1908 | Bothe, Marvin | 1988 | Andreaswerk | 1:11:09.85 |
| 1916 | Dettmer, Josef | 1959 | Dinklage | 1:10:52.33 |
| 1810 | Hankel, Freddy | 1961 | Die Honkies | 1:07:17.27 |
| 1807 | Kretschmann, Bruno | 1965 | Bersenbrück | 1:13:10.97 |
| 1911 | Krümpelbeck, Norbert | 1956 | Andreaswerk | 1:06:45.15 |
| 1912 | Krümpelbeck, Philipp | 1990 | Andreaswerk | 59:37.87 |
| 1913 | Meyer, Jürgen | 1956 | Lohne | 56:22.83 |
| 1925 | Pundt, Bernard | 1956 | LT Waldschleicher Lohne | 57:02.19 |
| 1921 | Steinke, Werner | 1949 | LT Waldschleicher Lohne | 57:06.90 |
| 1915 | Weinhold, Heinz | 1944 | Lohne | 56:25.28 |
| 1814 | Willenbrink, Martin | 1961 | SV Falke Steinfeld | 59:45.42 |