

# Festival des Ausdauersports am 23. Juni 1996 in Lohne - Triathlon

AK- Platz	Name, Vorname	Verein oder Ort	Geburts _jahr	Gesamt _zeit	Schwim _men	Wechsel _I	Radfah _ren	Wechsel II + Laufen	Gesamt _platz
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## 01 - Triathlon der Männer

### 45 - 49

1	Sachs, Dr. Gerd	Mukki Latte	50	<b>02:29:27</b>	00:24:24	00:04:18	01:14:21	00:46:24	<b>8</b>
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### 40 - 44

1	Nordmann, Albert	VfL Heyersum	56	<b>02:50:26</b>	00:34:33	00:03:12	01:22:29	00:50:12	<b>11</b>
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### 35 - 39

1	Kreienborg, Hans-Peter	Blau Weiss Lohne	59	<b>02:19:49</b>	00:25:53	00:03:31	01:10:37	00:39:48	<b>3</b>
2	Woicke, Wolfgang	Heidmühler FC	60	<b>02:21:36</b>	00:22:29	00:03:42	01:11:02	00:44:23	<b>4</b>
3	Franke, Andreas	Harpstedt	61	<b>02:37:21</b>	00:28:47	00:04:26	01:14:53	00:49:15	<b>9</b>
4	Ache, Peter	Wardenburg	59	<b>02:38:21</b>	00:26:47	00:05:34	01:17:49	00:48:11	<b>10</b>
5	Rohnstock, Dieter	Frisia Goldenstedt	57	<b>02:55:21</b>	00:38:09	00:07:13	01:23:56	00:46:03	<b>12</b>

### 21 - 34

1	Richter, Jens	TRC Essen	62	<b>01:59:13</b>	00:20:28	00:02:01	00:59:33	00:37:11	<b>1</b>
2	Brahm im, Carsten	TRC Essen	73	<b>02:04:13</b>	00:20:26	00:02:00	01:02:09	00:39:38	<b>2</b>
3	Leonard, Peter	SV Schinkel 04	64	<b>02:22:55</b>	00:29:18	00:02:37	01:11:49	00:39:11	<b>5</b>
4	Dietrich, Matthias	Heidmühler FC	68	<b>02:22:57</b>	00:25:28	00:04:55	01:10:36	00:41:58	<b>6</b>
5	Coers, Michael	RSV Hannover	66	<b>02:23:18</b>	00:24:41	00:01:51	01:11:46	00:45:00	<b>7</b>
6	Gräb, Hartwig	Bayreuth	64	<b>03:39:17</b>	00:37:31	00:08:58	01:36:01	01:16:47	<b>13</b>