

Festival des Ausdauersports am 3. Juli 2005 in Lohne - Volkstriathlon

AK- Platz	Name, Vorname	Verein oder Ort	Geburts- jahr	Gesamt- zeit	Schwim- men	Wechsel I	Radfah- ren	Wechsel II + Laufen	Gesamt- platz
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03 - Volkstriathlon der Frauen

45 - 49

1	Bokern, Gertrud	LT Waldschleicher Lohne	58	01:35:37	00:12:37	00:03:18	00:48:13	00:31:29	10
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40 - 44

1	Themann, Elisabeth	Lohne	62	01:18:30	00:13:08	00:05:34	00:46:28	00:13:20	5
2	Reimann, Sylke	TC Köln-Jena	65	01:29:03	00:11:08	00:03:10	00:43:12	00:31:33	8
3	Blömer, Maria	Lohne	64	01:37:48	00:12:22	00:05:51	00:46:51	00:32:44	11

35 - 39

1	Walker-Olberding, Nicole	TuS Blau-Weiss Lohne	68	01:09:51	00:09:31	00:01:22	00:34:03	00:24:55	1
2	Reinert, Eva Maria	TC Oldenburg - Die Bären	70	01:10:44	00:08:55	00:02:18	00:39:47	00:19:44	2
3	Engelmann, Uta	Brinkum-Blizzards	69	01:20:05	00:12:30	00:03:27	00:35:33	00:28:35	6
4	Goselitz, Steffi	TuS Blau-Weiß Lohne	66	01:29:52	00:11:59	00:02:37	00:41:49	00:33:27	9

21 - 29

1	Eisenhauer, Elke	Magic Laiens Lohne	77	01:11:59	00:08:27	00:01:39	00:36:14	00:25:39	3
2	Eisenhauer, Martina	Magic Laiens Lohne	80	01:15:03	00:08:11	00:01:55	00:37:54	00:27:03	4
3	Lüers, Kerstin	Lutten	82	01:24:50	00:13:17	00:02:48	00:39:02	00:29:43	7

03 - Volkstriathlon der Männer

75 - 79

1	Ackemann, Wilhelm	LG Kreis Verden	28	01:47:06	00:20:26	00:06:00	00:45:34	00:35:06	51
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65 - 69

1	Helmes, Manfred	AOK-LT Ganderkesee	39	01:23:46	00:11:34	00:02:16	00:41:47	00:28:09	40
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60 - 64

1	Klemme, Helmut	ESV Hameln	44	01:14:35	00:11:09	00:01:52	00:34:41	00:26:53	16
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55 - 59

1	Mesterheide, Erwin	OTSV Preuß. Oldendorf	46	01:20:45	00:15:40	00:04:12	00:34:50	00:26:03	32
2	Kauss, Gernot	AOK-LT Ganderkesee	47	01:24:40	00:13:00	00:03:30	00:38:27	00:29:43	42
3	Steinke, Werner	LT Waldschleicher Lohne	49	01:37:07	00:16:39	00:04:48	00:43:53	00:31:47	49

50 - 54

1	Schlärmann, Reinhold	LT Waldschleicher Lohne	55	01:15:22	00:11:30	00:03:29	00:35:56	00:24:27	19
2	Fischer, Dr. Bernhard	Bakum	51	01:16:56	00:12:34	00:02:34	00:36:04	00:25:44	23
3	Overmöhle, Gerd	Quakenbrück Post	54	01:23:33	00:13:12	00:03:28	00:40:55	00:25:58	38

45 - 49

1	Engelmann, Paul	Lohne	59	01:18:19	00:12:18	00:02:46	00:39:13	00:24:02	26
2	Reimann, Michael	TC Köln-Jena	60	01:20:45	00:12:11	00:02:33	00:38:24	00:27:37	33
3	Hartmann, Werner	BW Langförden	57	01:33:07	00:13:06	00:03:49	00:43:52	00:32:20	47

40 - 44

1	Franke, Uwe	SG Diepholz	61	01:06:51	00:09:04	00:02:26	00:34:48	00:20:33	4
2	Fartmann, Fred	TSG Burg Gretesch	61	01:09:07	00:09:09	00:01:43	00:33:53	00:24:22	5
3	Blömer, Johannes	GW Mühlen	62	01:12:05	00:11:28	00:02:22	00:35:30	00:22:45	9
4	Radl, Norbert	TSV Embsen	61	01:12:44	00:10:10	00:02:00	00:35:46	00:24:48	11
5	Lemuke, Claus	LG Bremen Nord	65	01:13:46	00:11:17	00:01:52	00:34:25	00:26:12	13
6	Hinrichs, Jens	TuS Breitscheid	63	01:15:08	00:11:44	00:02:10	00:36:26	00:24:48	18
7	Oeljeschläger, Lothar	Brinkum-Blizzards	63	01:26:00	00:13:00	00:03:16	00:36:24	00:33:20	45
8	Tapke-Jost, Hubert	Bakum	64	01:26:16	00:12:03	00:03:30	00:43:17	00:27:26	46
9	Diersen, Bernward	Arminia Rechterfeld	61	01:35:04	00:13:07	00:06:27	00:48:49	00:26:41	48

35 - 39

1	Glose, Frank	TuS Bersenbrück	66	01:04:33	00:09:39	00:01:45	00:33:48	00:19:21	1
2	Bittner, Thorsten	Blau Weiß Schinkel	66	01:11:00	00:11:35	00:02:03	00:34:02	00:23:20	7
3	Herzog, Stefan	Magi Laiens Lohne	70	01:13:50	00:12:27	00:03:03	00:34:30	00:23:50	14
4	Fröhle, Peter	Lohne	66	01:14:21	00:10:25	00:02:23	00:38:07	00:23:26	15
5	Middendorf, Jens	Magi Laiens Lohne	70	01:17:44	00:10:56	00:03:39	00:36:48	00:26:21	25
6	Springub, Jörg	GW Brockdorf	69	01:19:39	00:10:47	00:05:00	00:38:45	00:25:07	28
7	Diekmann, Frank	GW Brockdorf	69	01:23:39	00:12:40	00:03:54	00:38:46	00:28:19	39

30 - 34

1	Neckel, Andreas	Delmenhorst	72	01:05:33	00:09:00	00:03:21	00:31:14	00:21:58	2
2	Bienert, Lars	TSR Olympia Wilhelmshaven	75	01:06:24	00:08:42	00:01:38	00:34:03	00:22:01	3
3	Engelmann, Niels	Brinkum-Blizzards	74	01:09:33	00:09:17	00:02:09	00:34:26	00:23:41	6
4	Swat, Niklas	Lohne	71	01:11:38	00:09:37	00:02:17	00:35:14	00:24:30	8
5	Blömer, Markus	Dortmund	73	01:14:45	00:10:09	00:02:09	00:34:00	00:28:27	17
6	Runnebom, Jörg	GW Mühlen	73	01:15:36	00:09:43	00:02:44	00:34:24	00:28:45	20
7	Hoyer, Andreas	Magi Laiens Lohne	71	01:16:20	00:10:21	00:02:39	00:36:30	00:26:50	21
8	Heine, Alex	LC Hansa Stuhr	71	01:17:31	00:11:26	00:02:04	00:36:13	00:27:48	24
9	Lichtenstein, Rainer	Magi Laiens Lohne	74	01:19:40	00:13:22	00:04:02	00:35:05	00:27:11	29
10	Tölke, Christian	Magi Laiens Lohne	74	01:20:19	00:11:20	00:02:36	00:37:56	00:28:27	31
11	Käßner, Andre	Magi Laiens Lohne	75	01:22:08	00:10:46	00:03:05	00:38:29	00:29:48	36
12	Yasar, Engin	Magi Laiens Lohne	72	01:24:36	00:14:34	00:03:16	00:38:59	00:27:47	41
13	Deters, Jens	Lohne	71	01:25:28	00:12:47	00:03:37	00:40:26	00:28:38	43

21 - 29

1	Lawendel, Mario	Brinkum-Blizzards	83	01:12:19	00:09:40	00:03:12	00:34:50	00:24:37	10
2	Bocklage, Raphael	SFN Vechta	84	01:13:17	00:08:10	00:03:21	00:34:49	00:26:57	12
3	Arkenau, Bernd	Magi Laiens Lohne	84	01:16:29	00:12:03	00:02:36	00:37:51	00:23:59	22
4	Sieve, Hubertus	Magi Laiens Lohne	77	01:18:47	00:09:42	00:02:53	00:37:25	00:28:47	27
5	Hintze, Benedikt	BW Langförden	81	01:21:40	00:14:15	00:04:23	00:41:12	00:21:50	35
6	Reisener, Guido	Magi Laiens Lohne	76	01:23:22	00:11:29	00:03:15	00:40:59	00:27:39	37
7	Hühn, Andre	Lohne	81	01:25:46	00:09:46	00:03:35	00:40:41	00:31:44	44

19/20

1	Knospe, Fabian	Lohne	86	01:20:09	00:11:14	00:03:15	00:41:11	00:24:29	30
2	Schillingmann, Henning	RSC Visbek	86	01:21:00	00:11:29	00:01:54	00:37:55	00:29:42	34
3	Borgerding, Jörn	Magi Laiens Lohne	85	01:41:39	00:14:05	00:04:23	00:47:22	00:35:49	50