

Festival des Ausdauersports in Lohne am 4. Juli 2004 10 km Lauf

| AK- Platz | Name, Vorname | Verein oder Ort | Geburts- jahr | Zeit | Gesamt- platz |
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05 - 10 km Lauf der Frauen

55 - 59

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|---|---------------|-------------|----|----------|----|
| 1 | Wilke, Ursula | INJOY Lohne | 49 | 00:57:47 | 13 |
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50 - 54

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|---|------------------|-------------------------|----|----------|---|
| 1 | Rolfes, Maria | LT Waldschleicher Lohne | 54 | 00:51:40 | 7 |
| 2 | Schilling, Maria | LT Waldschleicher Lohne | 54 | 00:51:42 | 8 |

45 - 49

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|---|----------------------|-------------------------|----|----------|----|
| 1 | Schlärmann, Heidrun | LT Waldschleicher Lohne | 57 | 00:51:33 | 6 |
| 2 | Olberding, Christine | Lohne | 58 | 00:57:47 | 13 |

40 - 44

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|---|---------------------|-------------------------|----|----------|----|
| 1 | Koditek, Silvia | LT Waldschleicher Lohne | 64 | 00:44:48 | 1 |
| 2 | Hermes, Lena | Laufftreff Visbek | 61 | 00:46:35 | 2 |
| 3 | Börgerding, Isabell | Lohne | 64 | 00:50:22 | 3 |
| 4 | Wilak, Rita | LT Waldschleicher Lohne | 63 | 00:50:38 | 4 |
| 5 | Hentschel, Birgit | LT Waldschleicher Lohne | 61 | 00:51:05 | 5 |
| 6 | Sommer, Sabine | Vechta | 63 | 01:01:44 | 14 |

35 - 39

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|---|-----------------|-------------|----|----------|----|
| 1 | Deters, Claudia | INJOY Lohne | 67 | 00:54:15 | 9 |
| 2 | Becker, Maria | Lohne | 66 | 01:03:04 | 15 |

30 - 34

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|---|---------------|----------|----|----------|----|
| 1 | Luiten, Els | Lohne | 73 | 00:54:30 | 10 |
| 2 | Kauer, Ulrike | Dinklage | 74 | 00:54:49 | 11 |

05 - 10 km Lauf der Männer

65 - 69

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|---|----------------|--------|----|----------|----|
| 1 | Schaff, Konrad | Vechta | 38 | 00:52:27 | 29 |
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60 - 64

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| 1 | Fabriciks, Klaus | LT Waldschleicher Lohne | 44 | 00:48:50 | 23 |
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55 - 59

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|---|--------------|----------|----|----------|----|
| 1 | Quebe, Klaus | Diepholz | 48 | 00:49:06 | 25 |
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50 - 54

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|---|-------------------|-------------------------|----|----------|----|
| 1 | Rohnstock, Rainer | BW Langförder | 52 | 00:44:57 | 13 |
| 2 | Schilling, Peter | LT Waldschleicher Lohne | 51 | 00:47:35 | 17 |
| 3 | Rudloff, Siegmund | LT Waldschleicher Lohne | 51 | 00:49:01 | 24 |
| 4 | Decker, Heinrich | OSC Damme | 54 | 00:57:37 | 31 |

45 - 49

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|---|-------------------|--------------------------------|----|----------|----|
| 1 | Schmidt, Walter | TuS Bersenbrück | 58 | 00:38:17 | 5 |
| 2 | Fischer, Thorsten | TSG Hatten-Sandkrug | 59 | 00:39:06 | 7 |
| 3 | Tappe, Friedhelm | Neuenkirchen | 57 | 00:41:32 | 8 |
| 4 | Diekmann, Dirk | 14 Kompanie Jung-Markt - Lohne | 58 | 00:50:26 | 28 |

40 - 44

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|---|-----------------------|--------------|----|----------|----|
| 1 | Reling, Michael | laufen-os.de | 63 | 00:38:13 | 3 |
| 2 | Ochsenfahrt, Manfred | Dinklage | 61 | 00:38:15 | 4 |
| 3 | Kötter, Roland | VfL Lintorf | 62 | 00:39:02 | 6 |
| 4 | Gloddek, Dr. Bertrand | TV Meppen | 61 | 00:42:22 | 9 |
| 5 | Schulte, Otto | Dinklage | 60 | 00:47:42 | 18 |
| 6 | Debowski, Josef | Sevelten | 64 | 00:47:58 | 19 |

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| 7 | Bornhorst kl., Andreas | GW Brockdorf | 60 | 00:48:16 | 21 |
| 8 | Roeser, Klaus | Lohne | 64 | 00:50:22 | 27 |

35 - 39

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|---|---------------------|-------------------------|----|----------|----|
| 1 | Staubach, Jens | INJOY Lohne | 68 | 00:36:02 | 1 |
| 2 | Schulz, Martin | Hannover | 66 | 00:42:55 | 10 |
| 3 | Wiegink, Michael | SV Werder Bremen | 68 | 00:44:08 | 11 |
| 4 | Tapken, Franz-Josef | Bramsche | 66 | 00:44:50 | 12 |
| 5 | Hackmann, Ludger | LT Waldschleicher Lohne | 66 | 00:47:22 | 16 |
| 6 | Pille, Frank | GW Mühlen | 69 | 00:50:12 | 26 |
| 7 | Becker, Konrad | Lohne | 65 | 00:58:26 | 32 |

30 - 34

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|---|------------------|------------------------|----|----------|----|
| 1 | Heitmann, Dirk | Dinklage | 70 | 00:36:06 | 2 |
| 2 | Horstmann, Andre | laufen-os.de | 73 | 00:45:07 | 14 |
| 3 | Wiegink, Thomas | TVS Heidkrug Badminton | 71 | 00:48:02 | 20 |
| 4 | Kauer, Andreas | Dinklage | 74 | 00:52:28 | 30 |

21 - 29

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|---|--------------------|-------------------------|----|----------|----|
| 1 | Hausendorf, Daniel | LT Waldschleicher Lohne | 79 | 00:48:50 | 23 |
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17/18

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|---|---------------|-------------------------|----|----------|----|
| 1 | Wilak, Thomas | LT Waldschleicher Lohne | 87 | 00:46:25 | 15 |
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