

Geschlecht: W

| Platz | Nr | Teilnehmer | Verein | Runden | gefahrte KM | Restzeit | Durchschn. Rundenzeit | Km/h DS | Schnellste Runde | Km/h schn. Runde | Langsamste Runde | Km/h langs. Runde |
|-------|-----|--------------------------------|--------|--------|-------------|-------------------|-----------------------|--------------|------------------|------------------|-------------------|-------------------|
| 1 | 378 | Gertken, Sonja | - | 4 | 46,40 km | 3:07:11.32 | 49:09.45 | 14,16 | 35:52.06 | 19,41 | 1:10:50.35 | 9,83 |
| 2 | 362 | Stephanidis, Anna-Maria | Ankum | 4 | 46,40 km | 3:06:50.08 | 49:16.77 | 14,13 | 34:44.95 | 20,03 | 1:11:18.78 | 9,76 |
| 3 | 381 | Lorenz, Sacha | Merzen | 4 | 46,40 km | 3:06:37.76 | 49:17.13 | 14,12 | 30:02.74 | 23,16 | 1:31:53.27 | 7,57 |
| 4 | 386 | Wernsing, Beate | Ankum | 4 | 46,40 km | 3:06:43.53 | 49:49.81 | 13,97 | 22:31.84 | 30,89 | 1:09:26.69 | 10,02 |
| 5 | 382 | Buschermöhle, Andrea | Ankum | 3 | 34,80 km | 4:17:48.53 | 41:53.80 | 16,62 | 35:47.97 | 19,44 | 50:27.27 | 13,8 |

Geschlecht: M

| Platz | Nr | Teilnehmer | Verein | Runden | gefahrte KM | Restzeit | Durchschn. Rundenzeit | Km/h DS | Schnellste Runde | Km/h schn. Runde | Langsamste Runde | Km/h langs. Runde |
|-------|-----|--------------------------|------------------------|--------|----------------|------------|--------------------------|------------|---------------------|------------------------|---------------------|-------------------------|
| 1 | 354 | Pütz, Jakob | ESV Lingen | 9 | 104,40 km | 3:25:08.08 | 19:40.76 | 35,39 | 15:45.77 | 44,14 | 24:57.93 | 27,88 |
| 2 | 358 | Gossmann, Bernard | Holdorf | 6 | 69,60 km | 3:04:14.53 | 35:43.24 | 19,49 | 32:28.91 | 21,43 | 40:47.73 | 17,06 |
| 3 | 371 | Alvarez, Alonso | Osnabrück | 6 | 69,60 km | 1:07:59.44 | 49:44.96 | 13,99 | 38:56.43 | 17,88 | 1:16:41.14 | 9,08 |
| 4 | 357 | Gossmann, Herbert | RSF Dinklage | 5 | 58,00 km | 3:54:29.44 | 32:49.21 | 21,21 | 31:09.91 | 22,33 | 34:31.22 | 20,16 |
| 5 | 351 | Bergmann, Jörg | Bramsche | 5 | 58,00 km | 2:48:20.11 | 38:23.88 | 18,13 | 34:13.15 | 20,34 | 42:37.66 | 16,33 |
| 6 | 359 | Hengehold, Bernhard | Eggermühlen | 5 | 58,00 km | 3:07:29.42 | 39:43.06 | 17,52 | 22:32.24 | 30,89 | 54:35.23 | 12,75 |
| 7 | 360 | Bruns, Sebastian | Eggermühlen | 5 | 58,00 km | 3:07:31.52 | 39:43.70 | 17,52 | 22:35.88 | 30,8 | 54:31.82 | 12,76 |
| 8 | 370 | Krist, Erwin | Rieste | 4 | 46,40 km | 3:49:05.28 | 32:51.22 | 21,19 | 17:48.70 | 39,06 | 51:07.89 | 13,61 |
| 9 | 372 | Boßmann, Guido | Alfhausen | 4 | 46,40 km | 3:48:59.46 | 32:53.71 | 21,17 | 17:55.18 | 38,85 | 51:06.75 | 13,62 |
| 10 | 368 | Meyer zu Westrup, Marius | Alfhausen | 4 | 46,40 km | 3:49:00.79 | 32:53.99 | 21,17 | 17:57.82 | 38,74 | 51:09.80 | 13,6 |
| 11 | 367 | Robke, Jan | Rieste | 4 | 46,40 km | 3:48:58.89 | 32:55.00 | 21,14 | 18:04.31 | 38,52 | 51:04.24 | 13,63 |
| 12 | 389 | Thye, Sebastian | Bersenbrück | 4 | 46,40 km | 3:44:30.45 | 34:44.25 | 20,04 | 32:39.28 | 21,32 | 39:12.97 | 17,75 |
| 13 | 369 | Schwalenberg, Torben | Bramsche | 4 | 46,40 km | 3:37:15.56 | 35:51.43 | 19,41 | 18:22.43 | 37,89 | 52:16.15 | 13,32 |
| 14 | 353 | Kiehne, Dennis | Georgsmarienhütte | 4 | 46,40 km | 3:51:14.13 | 41:47.00 | 16,66 | 33:40.65 | 20,66 | 55:57.52 | 12,44 |
| 15 | 391 | Oeppner, Lars | Osnabrück | 4 | 46,40 km | 2:53:31.13 | 46:57.80 | 14,82 | 37:10.50 | 18,73 | 55:42.94 | 12,49 |
| 16 | 390 | Thiebach, Benedikt | Osnabrück | 4 | 46,40 km | 2:53:30.12 | 46:58.88 | 14,82 | 37:11.32 | 18,72 | 55:43.11 | 12,49 |
| 17 | 352 | Bosche, Kai | Bramsche | 4 | 46,40 km | 2:48:02.97 | 48:02.10 | 14,49 | 34:19.89 | 20,27 | 1:17:08.60 | 9,02 |
| 18 | 377 | Gertken, Jürgen | - | 4 | 46,40 km | 3:07:32.93 | 49:01.39 | 14,2 | 30:51.01 | 22,56 | 1:30:59.26 | 7,65 |
| 19 | 350 | Athmer, Christoph | Ankum | 4 | 46,40 km | 3:07:05.10 | 49:05.89 | 14,18 | 35:19.34 | 19,71 | 1:23:28.53 | 8,34 |
| 20 | 384 | Knuth, Walter | Ankum | 4 | 46,40 km | 3:07:09.76 | 49:05.90 | 14,18 | 34:55.23 | 19,93 | 1:10:44.96 | 9,84 |
| 21 | 379 | Feldmann, Ralf | Ankum | 3 | 34,80 km | 5:30:57.44 | 17:34.04 | 39,62 | 16:15.56 | 42,79 | 19:47.53 | 35,15 |
| 22 | 376 | Hanemann, Olaf | Ankum | 3 | 34,80 km | 5:30:58.18 | 18:00.77 | 38,67 | 16:10.00 | 43,05 | 21:13.24 | 32,8 |
| 23 | 387 | Lampe, Lukas | Ankum | 3 | 34,80 km | 3:41:47.97 | 35:24.09 | 19,66 | 31:01.93 | 22,43 | 38:14.98 | 18,2 |
| 24 | 392 | Dohm, Ansgar | Eintracht Neuenkirchen | 3 | 34,80 km | 2:53:21.18 | 48:16.21 | 14,42 | 33:33.15 | 20,75 | 1:16:06.50 | 9,15 |
| 25 | 383 | Knuth, Luca | Ankum | 3 | 34,80 km | 3:07:33.98 | 1:05:20.57 | 10,65 | 39:06.86 | 17,79 | 1:26:21.08 | 8,06 |
| 26 | 364 | Nehrenhaus, Justus | Nortrup | 3 | 34,80 km | 3:07:29.73 | 1:05:27.65 | 10,63 | 39:39.83 | 17,55 | 1:26:02.17 | 8,09 |

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|-------|-----|-------------------|--------|--------|------------------|------------|--------------------------|------------|---------------------|------------------------|---------------------|-------------------------|
| 27 | 388 | Lampe, Peter | Ankum | 2 | 23,20 km | 4:12:48.50 | 37:35.17 | 18,52 | 36:55.80 | 18,84 | 38:14.55 | 18,2 |
| 28 | 361 | Ostendorf, Jürgen | - | 1 | 11,60 km | 3:31:44.06 | 40:58.69 | 16,99 | 40:58.69 | 16,98 | 40:58.69 | 16,98 |