

## Ergebnisliste 4. Lohner Marathon am 29. März 2008

### Halbmarathon

SN	Läuferin	Verein	M/W	AK	AK-Pl.	GP	Gesamtzeit	1. Runde	2. Runde
288	Johanna Wieferig	Vechta	W	AK 50-59	1	1	<b>01:41:03.60</b>	00:49:49.75	00:51:13.85
230	Sabine Staas	SV Eintracht Neuenkirchen	W	AK 40-49	1	2	<b>01:54:57.46</b>	00:57:05.52	00:57:51.94
275	Ursula Middendorf	LT DW Hausstette	W	AK 40-49	2	3	<b>01:55:49.97</b>	00:57:36.60	00:58:13.37
272	Birgit Banholzer	OSC Damme	W	AK 40-49	3	4	<b>02:00:51.92</b>	00:59:46.39	01:01:05.53
203	Yvonne Bothe	www.laufendfit.eu	W	AK 30-39	1	5	<b>02:00:56.30</b>	01:00:05.91	01:00:50.39
276	Susanne Sommer	LT DW Hausstette	W	AK 30-39	2	6	<b>02:03:11.19</b>	01:00:04.89	01:03:06.30
297	Steffi Suszko	Injoy Damme	W	AK 30-39	3	7	<b>02:06:35.84</b>	01:02:14.22	01:04:21.62
236	Annemarie Tölke	Injoy Lohne	W	AK 40-49	4	8	<b>02:08:26.67</b>	01:02:16.81	01:06:09.86
250	Petra Blömer	Dinklage	W	AK 40-49	5	9	<b>02:09:32.45</b>	01:02:33.43	01:06:59.02
267	Christina Weiland	SFN Vechta	W	AK 18-29	1	10	<b>02:11:21.70</b>	01:00:23.46	01:10:58.24
254	Maria Nieuwenhuizen-Henke	Muehlen	W	AK 50-59	2	11	<b>02:11:46.91</b>	01:04:11.68	01:07:35.23
253	Nicole Wollering	Muehlen	W	AK 30-39	4	12	<b>02:11:53.96</b>	01:06:03.45	01:05:50.51
461	Helga Stemme	Rinteln	W	AK 50-59	3	13	<b>02:14:23.35</b>	01:05:10.81	01:09:12.54
221	Astrid Nowak	LT Waldschleicher Lohne	W	AK 40-49	6	14	<b>02:32:01.06</b>	01:11:10.04	01:20:51.02

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SN	Läufer	Verein	M/W	AK	AK-Pl.	GP	Gesamtzeit	1. Runde	2. Runde
293	Michael Reise	LT Kenkel	M	AK 40-49	1	1	<b>01:22:58.79</b>	00:41:52.68	00:41:06.11
286	Dirk Schmitt	Vechta	M	AK 18-29	1	2	<b>01:25:27.40</b>	00:41:53.01	00:43:34.39
263	Stefan Sutmöller	VFR Voxtrup	M	AK 18-29	2	3	<b>01:25:59.40</b>	00:43:29.98	00:42:29.42
262	Thomas Wedig	LT Kenkel	M	AK 40-49	2	4	<b>01:26:18.68</b>	00:42:24.55	00:43:54.13
208	Harm Huss	Syke	M	AK 40-49	3	5	<b>01:28:24.48</b>	00:43:35.75	00:44:48.73
279	Dieter Ochsenfahrt	Dinklage	M	AK 40-49	4	6	<b>01:30:24.74</b>	00:43:55.42	00:46:29.32
290	Egon-Martin Tobys	Vechta	M	AK 50-59	1	7	<b>01:30:25.14</b>	00:45:00.55	00:45:24.59
260	Gerd Schulz	baile-team	M	AK 30-39	1	8	<b>01:30:51.03</b>	00:44:28.50	00:46:22.53
252	David Nieuwenhuizen	GW Mühlen	M	AK 30-39	2	9	<b>01:31:25.70</b>	00:45:14.17	00:46:11.53
287	Johannes Blömer	GW Mühlen	M	AK 40-49	5	10	<b>01:33:40.20</b>	00:45:22.04	00:48:18.16
218	Andreas Ludewig	SV Cappeln	M	AK 40-49	6	11	<b>01:34:08.14</b>	00:45:39.00	00:48:29.14
264	Hans-Dieter Sutmöller	VFR Voxtrup	M	AK 50-59	2	12	<b>01:35:07.89</b>	00:47:58.16	00:47:09.73
271	Andreas Bode	DTSG Lübbecke	M	AK 50-59	3	13	<b>01:36:34.73</b>	00:46:36.18	00:49:58.55
248	Siegfried Hierl	RSC Neukirchen/Bayern	M	AK 40-49	7	14	<b>01:36:51.06</b>	00:47:54.02	00:48:57.04
234	Stefan Thiele	LT Waldschleicher Lohne	M	AK 40-49	8	15	<b>01:37:17.33</b>	00:48:00.35	00:49:16.98
268	Matthias Schäfer	BV Garrel	M	AK 40-49	9	16	<b>01:38:01.30</b>	00:47:55.12	00:50:06.18
202	Carsten Böckmann	o V	M	AK 40-49	10	17	<b>01:38:40.63</b>	00:50:59.11	00:47:41.52
273	Urs Rempe	Vörden	M	AK 30-39	3	18	<b>01:39:29.67</b>	00:49:51.28	00:49:38.39
261	Ludger Sieve	RW Damme	M	AK 50-59	4	19	<b>01:41:07.49</b>	00:49:48.94	00:51:18.55
270	Ortwin Berger	Feuerwehr Holsen	M	AK 40-49	11	20	<b>01:41:17.44</b>	00:49:30.28	00:51:47.16
225	Dieter Sandmann	Lohne	M	AK 40-49	12	21	<b>01:42:30.30</b>	00:50:43.49	00:51:46.81
289	Siegbert Evers	LT Waldschleicher Lohne	M	AK 50-59	5	22	<b>01:42:33.34</b>	00:51:20.34	00:51:13.00
296	Jürgen Jüchter	Mukki Latte	M	AK 50-59	6	23	<b>01:42:33.65</b>	00:51:21.47	00:51:12.18
255	Thomas Zwingel	Bremerhaven	M	AK 40-49	13	24	<b>01:45:01.40</b>	00:51:52.02	00:53:09.38
284	Christian Schlarmann	SV Falke Steinfeld	M	AK 40-49	14	25	<b>01:45:03.69</b>	00:51:52.10	00:53:11.59
241	Frank Westerhaus	LT Lauland Damme	M	AK 40-49	15	26	<b>01:45:28.31</b>	00:51:35.60	00:53:52.71
233	Friedhelm Tappe	Vördens flinke Läufer	M	AK 50-59	7	27	<b>01:45:38.08</b>	00:52:01.55	00:53:36.53
259	Günter Kögel	Dinklage	M	AK 50-59	8	28	<b>01:47:11.08</b>	00:53:20.59	00:53:50.49
220	Rainer Nienaber	SV Cappeln	M	AK 40-49	16	29	<b>01:47:58.01</b>	00:52:03.23	00:55:54.78

239	Junel Waldemar	Halen	M	AK 30-39	4	30	<b>01:48:43.64</b>	00:53:22.57	00:55:21.07
213	Detlef Kothe	Der erste Versuch	M	AK 40-49	17	31	<b>01:50:28.24</b>	00:53:44.26	00:56:43.98
226	Christof Schlüter	TV Dinklage	M	AK 40-49	18	32	<b>01:50:28.25</b>	00:54:03.37	00:56:24.88
200	Jürgen Adammek	Osnabrück	M	AK 40-49	19	33	<b>01:50:44.57</b>	00:53:17.55	00:57:27.02
294	Ralf Böckmann	GW Mühlen	M	AK 40-49	20	34	<b>01:51:16.78</b>	00:57:34.50	00:53:42.28
219	Dirk Middendorf	LT Waldschleicher Lohne	M	AK 30-39	5	35	<b>01:51:20.77</b>	00:53:53.84	00:57:26.93
269	Helmut Pöppelmann	Osnabrück	M	AK 50-59	9	36	<b>01:52:04.43</b>	00:55:39.01	00:56:25.42
237	Dirk Venjakob	Lohne	M	AK 40-49	21	37	<b>01:52:45.97</b>	00:54:38.17	00:58:07.80
205	Frank Fortmann	1. TC Oldenburg - Die Bären	M	AK 30-39	6	38	<b>01:53:15.73</b>	00:57:36.21	00:55:39.52
282	Tobias Maue	Tobias Runners Club	M	AK 30-39	7	39	<b>01:53:21.54</b>	00:57:35.78	00:55:45.76
247	Jan Luth	Globerunners Stadskanaal/NL	M	AK 50-59	10	40	<b>01:53:34.33</b>	00:54:16.24	00:59:18.09
295	Joachim Krüger	Langförden	M	AK 40-49	22	41	<b>01:54:38.54</b>	00:57:18.55	00:57:19.99
228	Christian Schramm	Wardenburger Lauftreff	M	AK 60+	1	42	<b>01:55:09.04</b>	00:55:44.78	00:59:24.26
256	Martin Aumann	Laufteam Injoy Lohne	M	AK 50-59	11	43	<b>01:55:16.32</b>	00:57:31.75	00:57:44.57
291	Günter Meyer	MTV Jahn Barnstorf	M	AK 50-59	12	44	<b>01:55:40.67</b>	00:57:32.51	00:58:08.16
240	Uwe Wehmeyer	Oldenburg	M	AK 50-59	13	45	<b>01:55:43.76</b>	00:59:08.47	00:56:35.29
229	Torsten Schultheiss	www.laufendfit.eu Wardenburg	M	AK 40-49	23	46	<b>01:55:57.00</b>	00:58:36.42	00:57:20.58
232	Michael Stühmer	www.laufendfit.eu	M	AK 40-49	24	47	<b>01:56:55.22</b>	00:57:45.30	00:59:09.92
265	Ansgar Wolf	Vfl Ahaus	M	AK 30-39	8	48	<b>01:57:25.07</b>	00:56:43.81	01:00:41.26
212	Axel Kneifel	ESV Tri-Team	M	AK 30-39	9	49	<b>01:57:55.22</b>	00:59:15.08	00:58:40.14
280	Harry Pjede	Lottomillionäre Vechta	M	AK 30-39	10	50	<b>01:58:27.89</b>	00:57:02.86	01:01:25.03
281	Oliver Wagemann	Lottomillionäre Vechta	M	AK 30-39	11	51	<b>01:58:28.77</b>	00:59:14.35	00:59:14.42
209	Volker Jasnoch	HRC Hannover von 1912 e.V.	M	AK 40-49	25	52	<b>01:58:43.74</b>	00:59:58.21	00:58:45.53
217	Thomas Lloyd	HRC Hannover von 1912 e.V.	M	AK 40-49	26	53	<b>01:58:44.62</b>	00:59:59.31	00:58:45.31
216	Franz-Josef Lienland	Oldenburg	M	AK 60+	2	54	<b>01:59:46.63</b>	00:59:36.38	01:00:10.25
201	Marcel Berger	Dinklage	M	AK 18-29	3	55	<b>02:00:40.96</b>	00:59:51.09	01:00:49.87
274	Heinrich Böckermann	OSC Damme	M	AK 50-59	14	56	<b>02:02:01.90</b>	00:59:37.03	01:02:24.87
214	Heinz Kötter	TUS Nahne	M	AK 40-49	27	57	<b>02:02:58.70</b>	00:59:06.39	01:03:52.31
251	Lars Paulsen	Lohne	M	AK 40-49	28	58	<b>02:03:04.70</b>	00:57:04.56	01:06:00.14
285	Manfred Schmidt	Vechta	M	AK 60+	3	59	<b>02:04:07.39</b>	00:59:58.88	01:04:08.51
292	Jürgen Völkerding	GW Mühlen	M	AK 40-49	29	60	<b>02:04:25.48</b>	01:02:15.20	01:02:10.28
211	Franz Knebelkamp	TV Cloppenburg	M	AK 60+	4	61	<b>02:07:06.92</b>	01:00:21.15	01:06:45.77
283	Jens Heitkamp	Lottomillionäre Vechta	M	AK 30-39	12	62	<b>02:07:09.35</b>	01:02:31.28	01:04:38.07

227	Christian Schmidt	o V	M	AK 18-29	4	63	<b>02:07:22.84</b>	01:00:25.23	01:06:57.61
298	Dirk Wrasser	HRC Hannover von 1912 e.V.	M	AK 30-39	13	64	<b>02:08:06.36</b>	01:02:14.14	01:05:52.22
207	Konrad Heil	Injoy Lohne	M	AK 40-49	30	65	<b>02:08:27.14</b>	01:02:17.13	01:06:10.01
238	Helmut von Lehmden	Falke Steinfeld	M	AK 40-49	31	66	<b>02:10:27.51</b>	01:03:21.02	01:07:06.49
224	Wolfgang Rusche	Falke Steinfeld	M	AK 40-49	32	67	<b>02:10:27.75</b>	01:03:21.00	01:07:06.75
235	Dirk Thole	o V	M	AK 40-49	33	68	<b>02:11:40.91</b>	01:01:14.93	01:10:25.98
466	Franz-Josef Blömer	Lohne	M	AK 40-49	34	69	<b>02:12:07.66</b>	01:07:05.30	01:05:02.36
278	Gerd Schwind	Lohne	M	AK 60+	5	70	<b>02:16:55.32</b>	01:07:55.38	01:08:59.94
231	Georg Strotmann	Osnabrück	M	AK 30-39	14	71	<b>02:17:12.66</b>	01:00:24.21	01:16:48.45
206	Leopold Gruber	VV Vechta	M	AK 60+	6	72	<b>02:17:23.64</b>	01:07:18.44	01:10:05.20
243	Arno Zech	TuS Eversten	M	AK 60+	7	73	<b>02:21:34.11</b>	01:06:33.61	01:15:00.50
258	Jochen Ziemann	Osnabrück	M	AK 50-59	15	74	<b>02:24:46.08</b>	01:10:55.42	01:13:50.66