

Ergebnisliste 4. Lohner Marathon am 29. März 2008

Marathon

SN	Läuferin	Verein	M/W	AK	AK- Pl.	GP	Gesamtzeit	1. Runde	2. Runde	3. Runde	4. Runde
408	Edeltraud Dörr	SC Roth	W	AK 50-59	1	1	03:56:41.49	00:59:30.77	00:57:27.55	00:58:03.10	01:01:40.07
447	Karin Welling	LT SUS Kalkar	W	AK 50-59	2	2	04:03:35.72	00:58:38.43	00:58:37.11	01:01:52.66	01:04:27.52
443	Jutta Voges	o V	W	AK 50-59	3	3	04:08:28.51	00:59:26.28	01:00:55.69	01:02:11.47	01:05:55.07
420	Petra Jentjens	Lohne	W	AK 30-39	1	4	04:13:49.17	01:00:46.83	01:01:59.78	01:04:11.64	01:06:50.92
411	Sigrid Eichner	100 Marathon Club	W	AK 60+	1	5	04:30:29.74	01:12:30.29	01:02:42.31	01:07:17.04	01:08:00.10
449	Grietje Luth	Globerunners Stadskanaal/NL	W	AK 50-59	4	6	04:57:26.90	01:12:32.88	01:06:41.51	01:14:01.53	01:24:10.98

SN	Läufer	Verein	M/W	AK	AK- Pl.	GP	Gesamtzeit	1. Runde	2. Runde	3. Runde	4. Runde
423	Nils Kremeskötter	o V	M	AK 30-39	1	1	03:01:31.64	00:47:28.70	00:44:24.17	00:43:44.09	00:45:54.68
404	Michael Brehe	LG FC Bayern Osnabrück	M	AK 40-49	1	2	03:15:29.28	00:48:53.60	00:49:01.47	00:48:47.85	00:48:46.36
445	Jobst von Palombini	VfL Bückeberg	M	AK 30-39	2	3	03:22:32.05	00:52:05.57	00:51:11.63	00:52:11.61	00:47:03.24
433	Roland Riedel	Adler-Langlauf Bottrop	M	AK 40-49	2	4	03:22:51.69	00:52:28.49	00:52:11.26	00:51:42.68	00:46:29.26
456	Udo Kürten	Crazy Runners	M	AK 40-49	3	5	03:24:13.35	00:48:46.30	00:49:40.56	00:52:10.42	00:53:36.07
426	Hubert Lübken	TSV Fischerhude	M	AK 40-49	4	6	03:33:32.34	00:51:32.80	00:52:28.85	00:53:20.56	00:56:10.13
403	Jan Bergmann	DUV	M	AK 30-39	3	7	03:40:05.23	00:54:07.03	00:54:37.22	00:55:12.25	00:56:08.73
441	Franz-Josef Tapken	Bramsche	M	AK 40-49	5	8	03:41:07.48	00:52:23.90	00:52:05.75	00:53:03.00	01:03:34.83
448	Klaus Wolfgramm	RC-Endspurt Herford e.V.	M	AK 50-59	1	9	03:41:44.31	00:54:07.49	00:54:36.64	00:54:53.27	00:58:06.91
442	Georg Thoben	Laufteam Injoy Lohne	M	AK 40-49	6	10	03:42:37.74	00:50:36.13	00:52:05.22	00:55:44.85	01:04:11.54
437	Sjoerd Slaaf	100 Marathon Club	M	AK 50-59	2	11	03:43:38.23	00:53:44.25	00:55:44.96	00:58:13.69	00:55:55.33
418	Marc-Anthony Hopkins	Magdeburg	M	AK 18-29	1	12	03:46:55.71	00:53:16.73	00:53:49.05	00:56:41.78	01:03:08.15
407	Ulf Denker	www.laufendfit.eu	M	AK 40-49	7	13	03:47:58.35	00:58:39.48	00:56:15.36	00:56:24.99	00:56:38.52
440	Dirk Strohbach	LSG Elite Brand-Erbisdorf	M	AK 40-49	8	14	03:50:26.48	01:02:00.26	01:01:48.86	01:00:39.39	00:45:57.97
460	Dieter Stemme	Rinteln	M	AK 50-59	3	15	03:50:34.84	00:53:36.61	00:56:41.42	00:59:08.02	01:01:08.79
406	Gregor Buscher	www.laufendfit.eu	M	AK 40-49	9	16	03:50:59.24	00:59:33.61	00:55:21.13	00:56:31.32	00:59:33.18
464	Günter Tewes	marathoenchen.de	M	AK 50-59	4	17	03:50:59.62	00:58:37.96	00:56:17.38	00:57:28.22	00:58:36.06
459	Franz-Josef Frohne	Team-Laufen-OS.de	M	AK 50-59	5	18	03:51:12.81	00:53:41.01	00:56:36.85	00:59:29.98	01:01:24.97
444	Manfred Völker	DUV	M	AK 50-59	6	19	03:51:33.94	00:59:19.57	00:56:55.12	00:57:01.73	00:58:17.52
436	Peter Schilling	LT Waldschleicher Lohne	M	AK 50-59	7	20	03:51:36.87	00:57:16.05	00:57:16.06	00:56:11.70	01:00:53.06
428	Uwe Middendorf	LT Waldschleicher Lohne	M	AK 30-39	4	21	03:51:37.75	00:56:45.72	00:57:45.16	00:56:12.04	01:00:54.83
455	Gerd Junker	TSV Wallenhorst	M	AK 50-59	8	22	03:53:13.12	00:54:07.03	00:52:35.74	00:57:21.37	01:09:08.98
430	Udo Pitsch	TG Viktoria Augsburg	M	AK 50-59	9	23	03:53:20.69	00:56:14.28	01:01:11.25	00:56:47.03	00:59:08.13
422	Gerhard Kotman	Lauffreunde Emsland	M	AK 50-59	10	24	03:55:26.13	00:59:48.50	00:59:47.03	00:57:59.65	00:57:50.95
410	Harald Ehlers	TuS Zetel	M	AK 40-49	10	25	03:57:26.54	00:57:10.09	00:58:27.71	01:00:48.05	01:01:00.69

417	Jürgen Hinrichs	TuS Zetel	M	AK 40-49	11	26	03:58:28.88	00:57:09.54	00:58:27.31	01:00:34.36	01:02:17.67
454	Johann Spieker	100 Marathon Club	M	AK 60+	1	27	04:04:14.16	01:01:32.24	01:01:24.10	00:59:40.93	01:01:36.89
416	Dieter Gossert	Lauffreunde Emsland	M	AK 60+	2	28	04:08:33.58	01:02:03.19	01:03:57.58	01:02:45.00	00:59:47.81
452	Kurt Gormanns	Heseper Rennschnecken	M	AK 50-59	11	29	04:10:48.90	00:59:46.88	01:02:34.12	01:05:58.24	01:02:29.66
412	Wolfgang Friedrichs	TV Norden	M	AK 40-49	12	30	04:11:00.72	01:00:41.46	01:00:35.87	01:01:14.03	01:08:29.36
414	Fritz Geisemeier	LC Solbad Ravensberg	M	AK 40-49	13	31	04:11:54.49	00:59:19.07	00:58:45.03	01:00:38.40	01:13:11.99
451	Holger Wahl	Hansa 05 Ahlhorn	M	AK 40-49	14	32	04:14:09.99	01:00:08.76	01:01:54.58	01:03:39.59	01:08:27.06
429	Joachim Niesel	DJK Blau-Weiß Hildesheim	M	AK 50-59	12	33	04:14:22.88	01:00:17.23	01:02:33.36	01:04:23.11	01:07:09.18
462	Carsten Baumann	TUS Blau-Weiß Lohne	M	AK 40-49	15	34	04:16:54.89	00:56:49.02	01:00:17.56	01:05:14.70	01:14:33.61
458	Andreas Gramann	Münster	M	AK 40-49	16	35	04:18:57.65	01:04:30.25	01:04:33.63	01:04:45.17	01:05:08.60
439	Martin Steinke	Kirchenkreis Osnabrück	M	AK 40-49	17	36	04:25:50.56	01:01:34.98	01:02:47.31	01:06:43.70	01:14:44.57
401	Karl Wolfg.Baumgarten	100 Marathon Club	M	AK 50-59	13	37	04:27:44.34	01:02:29.81	01:07:47.30	01:09:48.42	01:07:38.81
463	Helmut Rosieka	100 Marathon Club	M	AK 60+	3	38	04:27:44.60	01:02:29.49	01:07:46.66	01:09:54.72	01:07:33.73
419	Ralf Jacobsen	Diepholz	M	AK 40-49	18	39	04:40:55.95	01:01:30.59	01:04:50.24	01:10:55.08	01:23:40.04
431	Karsten Pooschke	www.laufendfit.eu	M	AK 40-49	19	40	04:41:29.84	01:00:42.82	01:02:33.15	01:13:25.02	01:24:48.85
457	Helmut Braun	100 Marathon Club	M	AK 50-59	14	41	04:50:12.08	01:07:16.32	01:07:46.42	01:07:27.30	01:27:42.04
450	Antonius Hofstetter	Globerunners Stadskanaal/NL	M	AK 60+	4	42	04:57:35.05	01:08:21.92	01:10:52.34	01:14:01.45	01:24:19.34
415	Gerold Gierse	100 Marathon Club	M	AK 50-59	15	43	05:12:04.77	01:08:42.94	01:14:08.78	01:19:25.32	01:29:47.73
465	Alexander Wunsch	Pöppelmann	M	AK 60+	5	44	05:13:01.11	01:10:47.46	01:12:58.51	01:16:32.20	01:32:42.94
405	Werner Britz	100 MC	M	AK 60+	6	45	05:21:13.31	01:13:00.37	01:18:16.55	01:21:56.04	01:28:00.35